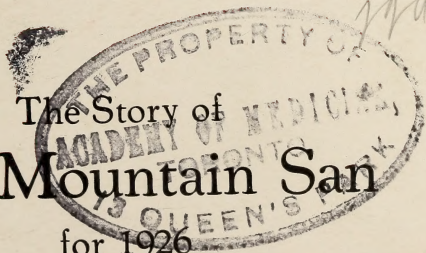
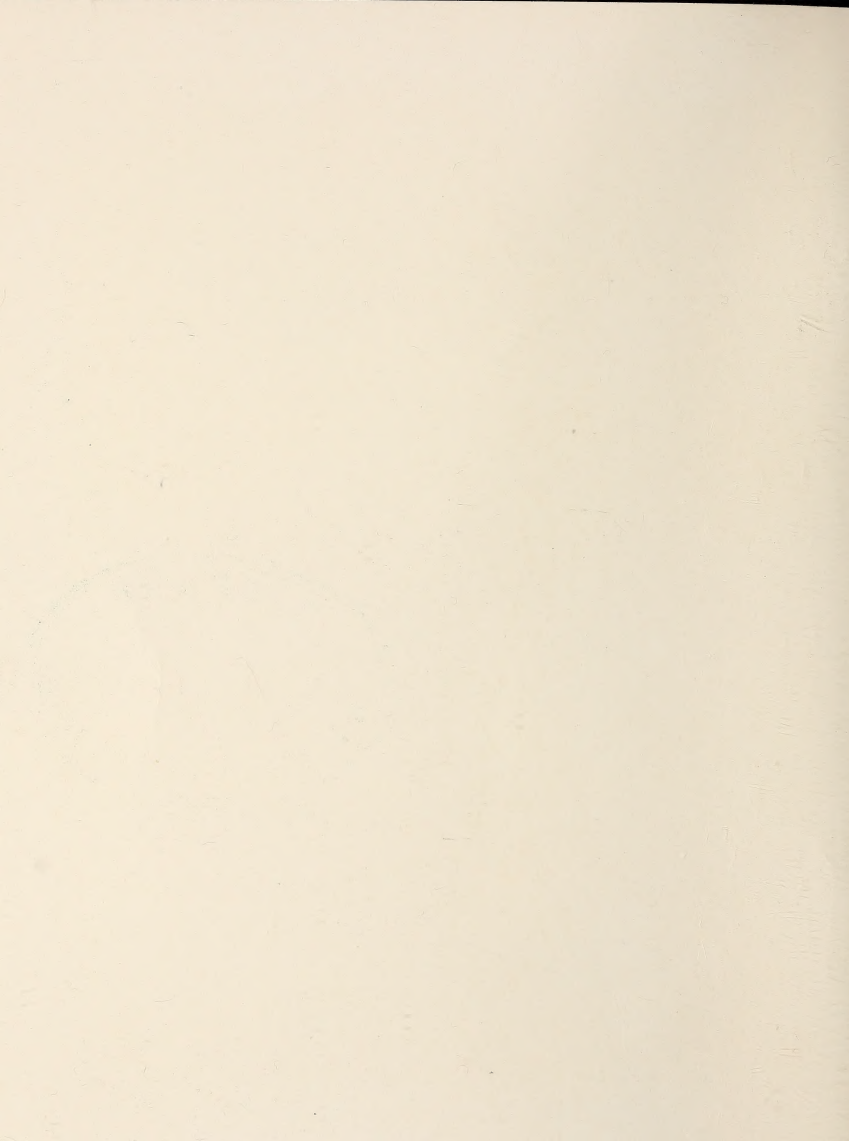




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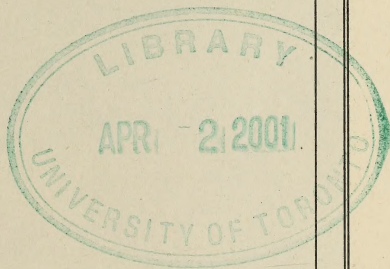
The Story of
The Mountain San
for 1926



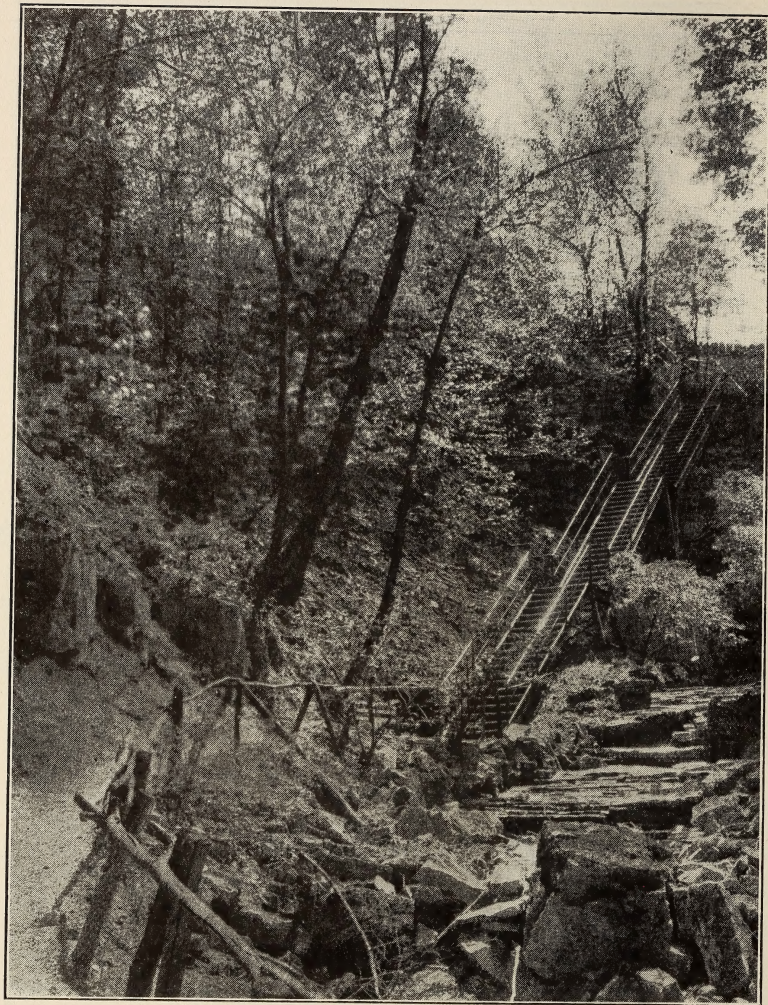


THE STORY OF
THE MOUNTAIN SAN
for 1926

As Operated and Supported by
THE HAMILTON HEALTH
ASSOCIATION



Twenty-second
Annual Report
1926



The Way to the San—the Path Through the Ravine.

The MOUNTAIN SANATORIUM

WHAT IT IS.

WHAT IT IS DOING.

WHAT IT AIMS TO DO.

The Mountain Sanatorium is an institution for the treatment of all forms of Tuberculosis.

It is maintained and operated by the Hamilton Health Association.

This Association has a voluntary membership of over 800 from which is chosen its officers and a Board of Directors, and with which is associated a Ladies' Auxiliary Board.

The Hamilton Health Association is non-political, non-sectarian, and is closely associated with all other organizations working for the betterment of living conditions in Hamilton and District.

The operation of the Sanatorium is only one phase of the work of the Association, the real aim of this work being the organization of the community in a united and scientific effort to stamp out the dread disease—tuberculosis.

Other activities directed to this end are:

1. Conducting clinics to assist in the discovery of patients suffering from tuberculosis.
2. A Social Service Department, in which a visiting nurse, on the staff of the Hamilton Department of Health, follows up suspect cases, and keeps ex-patients under observation to safeguard against the recurrence of active disease.
3. Educational work with the general public, to inform them as to the dangers of the disease, and the opportunities for its control and eradication.

4. Active co-operation with the school medical inspection departments of the City of Hamilton and the County of Wentworth, with the General Hospital and St. Joseph's Hospital, and all other local health organizations.
5. Active co-operation with the Canadian Tuberculosis Association, which is a nation-wide organization, and is purely educational in its activities. The Canadian Red Cross is also associated in this work.

Some results of the work as shown by comparative figures :

1. In 1906, Hamilton, with a population of 60,000, had 70 deaths from pulmonary tuberculosis, and 75 deaths from all forms of tuberculosis, this being a rate of 125 per 100,000.
2. In 1909 the rate was considerably higher, there being a total of 105 deaths, with a population of 67,000. This is an actual rate per 100,000 of 175.
3. The lowest annual rate occurred in 1924, with 53 deaths in a total population of 121,000, giving an actual rate per 100,000 of 44.
4. Last year, with a total population of 124,000, the total of deaths from pulmonary tuberculosis was 56, and from surgical tuberculosis was 7, making a combined total of 63. On the basis of 100,000 unit of population, this gave a rate of 51. This rate is probably lower than that of any other city of 100,000 people or more, and it should be remembered that not only is the loss lower in actual deaths, but there is a proportionate decrease of illness from tuberculosis, and accordingly of economic loss, placing Hamilton in this respect, in a very enviable position.



Miss Cameron, with a Group of Members of the Canadian Business Women's Club of Hamilton, who are Weekly Visitors to the San.

NATURE OF CASES TREATED

1. All types of tuberculosis are accepted for treatment, the only question being whether the patient needs the assistance of the Sanatorium, either in the struggle against disease or in the effort to avoid infecting others.
2. Children are cared for in the Preventorium, and only children in the early, non-infectious stage, before positive sputum has appeared, are placed in this building. Children are kept apart from adult cases and no parent need have any fear that their children will be exposed to fresh infection while under treatment.
3. The most suitable cases of adults for successful treatment are cases of early or incipient or minimal tuberculosis. Our Annual Reports year after year show that most early cases make a complete recovery, but

that very few advanced cases can recover completely, and nearly all the deaths come from the cases that are far advanced before they start sanatorium treatment.

4. While no sanatorium can cure incurable cases, yet even here the sanatorium can be of assistance in lessening the spread of tuberculosis, especially when children are in the home with the advanced case, and we believe also, that the sanatorium can help the hopeless cases to pass their last days more comfortably.
5. There is only one type of case that we are not anxious to admit, this being the case that is rushed to the Sanatorium in a morbid condition. This happens chiefly in the case of families who will not face the fact that tuberculosis is present when it is in an early and curable stage. Then, after a fairly long period of time, extending sometimes to two or three years, when the patient finally becomes critically ill, it frequently happens that both patient and relatives become most anxious to try sanatorium treatment, and frequently the patient is made worse and hardly survives the trip to the Sanatorium. The unfortunate part in these cases is that the patient has remained in the home for a long time without taking proper precautions for the spread of the disease, with the result that great risk has already been run by those who have been in contact with the patient. It would seem, when the patient has reached such an advanced stage that death is imminent, that a better plan would be to engage a special nurse for the last few days of the patient's life.
6. However, even these advanced cases are never refused admission, but all our agencies in sanatorium and clinic are continuously working to discover the patient with early disease when it is still possible both to cure the patient and to prevent infection of other members of the family or home. This is the policy that has led to the very satisfactory result that now exists in Ham-

ilton. Our experience tells us that this is the only proper course for all municipalities to follow.

How Patients are Maintained at the Sanatorium

The Hamilton Health Association is responsible for the financing of the capital account of the Mountain Sanatorium, and it is through donations to this fund that the present institution has been erected and equipped, and is now available for patients who require treatment for tuberculosis.

Donations, unless so indicated, do not go towards the maintenance of patients, there being other provision for maintenance, once the Sanatorium is established, as provided by provincial legislation.

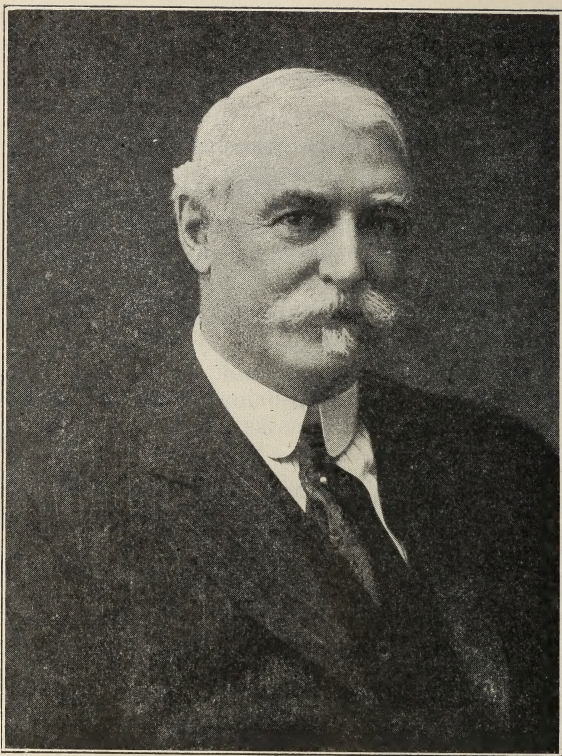
Maintenance, for those not able to pay the full cost of private patients, is provided for according to provincial statutes by:

1. A provincial grant now fixed at 75 cents per day.
2. A municipal grant not to exceed \$1.50 per day.

The former grant is always paid by the provincial government, but the latter is only paid by the municipality after the proper official has investigated the case, and decided the amount the patient can pay, the municipality becoming responsible for the balance of the rate of \$1.50 per day.

As many patients under-estimate the length of time that will be required for their treatment, they may be willing, when applying to the Sanatorium for treatment, to accept full responsibility for the total rate of maintenance (\$1.50 per day).

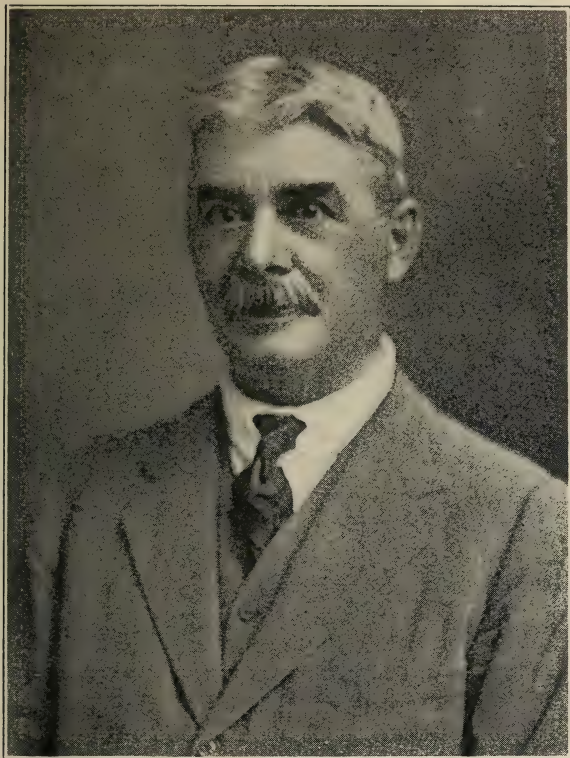
On the other hand, the Sanatorium frequently finds that after the patient has been in residence for several months his funds have run out, and frequently in these cases conditions have changed so that it is impossible to secure the necessary



THE LATE ROBERT HOBSON.

**For Many Years a Member of the Board of Directors of the
Hamilton Health Association.**

financial assistance from any municipality, thus working a great hardship to both the patient and the Sanatorium. The new provincial legislation makes it much easier to determine responsibility in these cases, for the act states that the municipality in which the patient had lived for three out of five



THE LATE H. B. WITTON.

**For Many Years a Member of the Board of Directors of the
Hamilton Health Association.**

months prior to admission to hospital or sanatorium, is responsible for the maintenance of the patient.

In order, therefore, that the municipality may have full knowledge of every case for which they may later be responsible, we are admitting patients from outside municipalities

only on the order of an official of that municipality. This plan is proving of great advantage from two standpoints: First, that needy cases who are inclined to assume responsibility that they cannot carry are enabled to interview the officials, who are in a position to give them the necessary assistance. Second, this plan brings to the attention of the officials of the municipality that the responsibility for the tuberculosis problem in their own district is placed by statute upon their own shoulders.

We believe that as soon as this fact is generally realized and this responsibility is accepted, tuberculosis in rural districts can very soon be reduced to almost a negligible factor, instead of as at present being more prevalent than in the cities.

Population and Mortality from Tuberculosis in the City of Hamilton.

Year	Population	Mortality Pulmonary Consumption	Mortality Surgical Tuberculosis	Total	Rate per 100,000 Population
1905-6	59,543	70	5	75	125.9
1909	66,967	91	14	105	175.
1910	70,221	71	10	81	115.5
1911	73,542	52	15	67	97.1
1912	82,095	69	12	81	101.2
1913	88,918	79	18	97	121.2
1914	100,808	100	6	106	106.
1915	101,314	70	10	80	80.
1916	100,461	83	14	97	97.
1917	104,491	74	11	85	85.
1918	107,832	67	18	85	85.
1919	110,137	60	14	74	67.2
1920	108,143	60	12	72	72.
1921	114,766	70	22	92	83.7
1922	118,243	71	11	82	74.6
1923	120,234	67	13	80	66.8
1924	120,945	49	4	53	44.2
1925	122,459	45	16	61	49.8
1926	123,000	56	7	63	51.2

President's Annual Report

January 19th, 1927

Ladies and Gentlemen :

It affords us much pleasure to welcome you, and in such large numbers, to our twenty-first annual meeting.

In the first place, your presence is evidence of that ever-growing interest on the part of our citizens in the affairs and welfare of the Sanatorium. It affords us an hour of social acquaintance with those who are like-minded with us in the work. It enables your Directors to give an account of their stewardship and to present to you the story of the San for 1926. Such is as follows :

The new laundry, completed last year and described in the 1925 report, has been in constant operation throughout the year. The quantity of clothes laundered has increased 35%, and the total cost has been very much reduced.

Last year, following the fire in the Staff house, we were obliged to operate our kitchens for the Orchard San in the basement of the new laundry. This year we moved to our new kitchens, which have demonstrated their value in vastly improved service.

During the year the Staff House has been enlarged and re-furnished, and in it we now have a splendid dining room for the nurses, the telephone switchboard, storage capacity for the linen at the Orchard San and a medical chart room, as well as the original staff accommodation.

The matter of fire protection has been gone into very thoroughly and carefully. This is a vital question and is receiving the assistance of our municipal experts.

The old laundry building has been remodelled and equipped for administration offices, and store rooms, so that for the first time we are able to store sufficient goods to make



The San Farm—The Orchard San Buildings in the Distance.

it possible to purchase in larger and more advantageous quantities.

On account of limited facilities in the past, it has been necessary for our books to be kept by our auditors in the city. By the completion of our new administration buildings, we have a very complete and modernly furnished office and all books and records are now being kept on the premises.

During the last year we have also completed the alterations and additions of dining-rooms, dressing rooms, recreation and utility rooms for the men's pavilion.

Probably the most important undertaking during 1926 was the commencement of the erection of the new pavilion to accommodate 34 patients, which is still under construction, but which will be completed within the next month or two. This will replace some of the old buildings, the principal one being the Daughters of the Empire Shack, and will increase our total accommodation by sixteen patients. This building embodies the very latest ideas in construction and arrangement and at a nominal cost.



Looking Out Across the Valley; the Bay and Lake in the Distance. The View from the Brow in Front of the Infirmary.

We wish, especially, to make reference to the present condition of our finances. The Annual Report, which will be printed and distributed very shortly, will, of course, give you the details.

During the year, \$74,000.00 has been spent on new buildings, furnishings and equipment of various kinds, the result of which is that at the end of our business year, we find ourselves with an overdraft of \$27,000.00.

The maintenance account shows a deficit of about \$1,000.00 on the year's operation. The cost of maintenance unfortunately continues to increase, the present daily expenses averaging close to \$800.00.

With the treatment becoming more specialized and intensive, it has been impossible to avoid a gradual increase in the operating cost per patient, and the probability is that, in the future, the annual deficit will increase rather than decrease.

The number of patients also is increasing, and when the new pavilion is opened, our accommodation will reach a total of 365 beds for adults and children.

Under these circumstances, one of the great sources of strength for the Mountain Sanatorium is the fact that many of our citizens hold membership in the Hamilton Health Association, and, since this plan was inaugurated, these members have contributed in the neighborhood of \$14,000.00 per year. It is this extra fund that has made it possible for the institution to continue to improve its service and to give the patients very much more than is usually understood as coming under the general term of "treatment." The Hamilton Health Association has at the present time, a membership of 860. A special effort was made last year to increase the number of members, with the result that one hundred new names were added to our list. It would be a splendid way to help the Sanatorium if our present members would each undertake to secure even one additional member. We have distributed at the tables, small leaflets which briefly outline the objects and activities of the work, with which is included application blanks for membership. Will you please take these with you and make up your mind to induce some of your friends to join.

During the year we have had many distinguished guests, of whom we would mention particularly two noted tuberculosis specialists from England, Professor Lyle Cummins and Sir Henry Gauvain, with his charming wife and little daughter, Suzette; also the Diwan from India; The Hon. John S. Martin, Minister of Agriculture; The County Council; the Women's Institutes of Wentworth County, and the Hamilton Normal School Students, who spent an afternoon at the Institution. St. Elizabeth Chapter, I. O. D. E., held a business meeting at the Sanatorium, as did also the Business Women's Club.

We wish to express here our most sincere thanks for the many donations and bequests and also to thank innumerable organizations and individual workers who have been so help-

ful. All the donations and contributions will be listed in detail in the Annual Report, but we might make special mention here of a few. First and foremost, St. Elizabeth Chapter, I. O. D. E., for their annual supply of linen, amounting to thousands of dollars. The Kiwanis Club, \$500.00, this donation making a total of \$4,000.00 from this source; The Regimental Fund of the Canadian Mounted Rifles, \$208.00; the estate of Eliza H. Wilcox, \$500.00; The Hindoo Koosh Grotto, \$300.00; The Elks, \$500.00; a bequest from the late John D. Wheelihan, \$500.00; Mizpeh Chapter, O. E. S., \$150.00; a bequest from our beloved friend, the late Thomas H. Watson, \$665.21; a bequest from Mrs. Helen Barker, \$100.00; from the lodge of Strict Observance, A. F. and A. M., for head sets, \$225.00; Mrs. Robert Hobson, for musical instruction at the Preventorium, \$240.00.

The Directors wish at this time, to express their sincere appreciation of the efficiency and interest manifested at all times by the medical, nursing, business and operating staffs in all departments, as they realize that success is only possible with the hearty co-operation of all in careful and economical management.

This has been a most successful year, the Sanatorium having in 1926 cared for the largest number in its history, a daily average of 333 patients. The Institution has served the community well and has done more effective work than ever before in its history. It has not only protected the citizens of Hamilton against the dreadful scourge of tuberculosis, but its work and influence is extending to other communities, where it is rendering a service and demonstrating how tuberculosis can be effectively controlled.

On behalf of the Board,

JAMES J. EVEL,

President, H. H. A.



Flowers and Shrubs Bordering the East Pavilion.

Report of Ladies' Board

Mrs. H. Burkholder

Mr. President, Ladies and Gentlemen:

It is once again my privilege to present the Annual Report of the Ladies' Board of the Hamilton Health Association.

Eight meetings have been held during the year. The first three were presided over by Mrs. Lyle, as our President was absent through illness.

Our Birthday Party was held on Saturday, May 29th, the weather was perfect, the attendance most gratifying. We had expected Premier Ferguson to be present, but on account of a previous engagement he was unable to attend and in his place he sent Hon. J. S. Martin, Minister of Agriculture, whose address was enjoyed by all. The 13th Regimental Band provided delightful music, which patients and visitors thoroughly



At the Brow, Overlooking the Valley and Bay.

appreciated, and for which we are much indebted to Lieut. David Anderson and members of his Band.

A pleasant feature of the afternoon was the presentation from the Ladies' Board of an engraved gavel to Mr. J. J. Evel, President of the Men's Board.

The proceeds from the Birthday Party were \$233.10, and for this splendid contribution we wish to thank our friends.

Through Mr. W. J. Southam we again received a donation of \$500.00 from Col. Bradley, of Lexington, Kentucky; our thanks for this generous gift were gladly sent to Col. Bradley.

We owe a debt of gratitude to the Business Women's Club, who are unsparing of their time and talents in visiting and teaching the patients and shedding happiness by their personal interest.

A cheque for \$426.35 from the Baseball League was gratefully received.

We appreciate more than we can express the co-operation of the Junior Health League.

We thank Mrs. Robert Hobson, who is supplying funds for the teaching of music at the San, and the Ambitious Chapter of the Order of the Eastern Star, who have promised the sum of \$10.00 per month, to be used for the same purpose.

As there are eleven children now taking music and more pianos were needed, an appeal was made, through our local papers, for more pianos and as a result Mrs. Wm. Southam and Mrs. Thomas Patterson each donated one, and to these ladies we are very grateful.

In May Mrs. Wm. Southam donated the sum of \$200.00 for the teaching of art to a few young people who have shown a special talent in that line. The interest, pleasure and ability which these children show in the work must be a great pleasure to Mrs. Southam, and will be far reaching in its results.

In November we provided a "Hofman Arc Lamp" for the use of children needing sun treatment.

We regret the loss of two members during the year, Mrs. Dr. Patterson, whose passing early in the year was deeply regretted, and Mrs. W. C. Hawkins, who resigned.

We are glad to have added to our membership Mrs. A. C. Skelton and Mrs. C. S. Wilcox. Mrs. Skelton is Convenor of our Visiting Committee, and she with other members of the Board has been most faithful in visiting the San every week.

The reports of Miss McBeth, the nurse of the Downtown Dispensary, are most interesting and show the vast amount of work done in this Department.

Again this year, through the generosity of the public, we have been able to supply warm underwear and clothing and a great many necessities for patients at the Brow Infirmary, the Orchard San and the Preventorium.

The Vocational Training Department, under the efficient supervision of Miss Land and her assistant, Miss Bews, besides teaching the making of lamp shades, waxed flowers, lace, etc.,

have this year taught stippling on pottery, and the patients have made many beautiful lamps, candlesticks, book-ends, etc.

Chair caning is still very popular among the patients and many orders have been sent in for this as well as for rush seating. Many useful and pretty articles are made in leather work and the tooled leather articles are very beautiful. Book binding is taught and any persons having books needing new binding might send them to the San, to be rebound.

Miss Land is most grateful to the Junior Health League who allowed the articles made by the patients to be on sale at their Annual Bazaar, and to the G. W. Robinson Company, who displayed these goods in their store before Christmas, as she feels that a suitable place to display these goods has long been needed.

Through the Clinic Fund established last year by Mrs. Wm. Southam, the Clinics opened at Oakville, Milton, Georgetown and Simcoe are going along very well, and in addition the ones at St. Catharines and Brantford are likely to be taken over locally and a permanent man appointed at the Sans. established at St. Catharines and Brantford.

The Ladies' Board intend to help furnish the new pavilion which replaces the old I. O. D. E. Shack and the Stevens Shack.

We cannot close our report without mentioning the splendid co-operation and consideration shown this Board by Doctors, nurses and members of the staff; this is a source of much encouragement to us in our work.

To the many friends who have helped us, to all organizations and Chapters of the I. O. D. E., and to St. Elizabeth Chapter, who have added to their responsibility by providing the linen for the 32 new beds in the New Pavilion, and to the press, who are always most considerate in bringing our work before the public, and to all who have helped in any way, we extend our sincere thanks.

Respectfully submitted,
MARGARET GAGE BURKHOLDER, President.
ELIZABETH G. WESTAWAY, Secretary.

Ladies' Auxiliary Hamilton Health Association

FINANCIAL REPORT.

1925		Receipts.		
Dec. 31	To Balance	\$	1,424	56
1926				
Jan. 5	To Cheque, Mrs. Lazier (Christmas Donation)		5	00
Jan 13	To Cheque, Lady Gibson (Christmas Donation)		50	00
	To Cheque, Mrs. S. O. Greening (Christmas Donation)		10	00
Apr. 27	To Cheque, Col. Bradley, per Mr. W. J. Southam		500	00
June 1	Receipts from Garden Party		233	10
June 21	To Cheque, Mrs. Passmore, donation to San.....		50	00
June 30	Bank Interest		28	59
Sept 24	To Cheque, Parks Board (Collection by Nurses at Baseball games)		426	35
Dec. 24	To Cheque from Mrs. Lucas (Christmas Donation)		5	00
	To Cheque from Miss Leggat (Christmas Donation)		10	00
	To Cheque, Mrs. Southam (\$85.00 to be used for Radio Receiver)		100	00
Dec. 30	Bank Interest		38	69
Disbursements.				\$ 2,881 29
Mar. 29	By Cheque, George H. Lees	\$	7	49
Apr. 6	Cloke's Book Shop, Minute Book		1	90
Apr. 26	Miss McLean		200	00
June 2	Stevens & Solomon, Birthday Party expenses		1	50
	James Crawford, Birthday Party expenses		10	10
June 3	Miss McMeekin, flowers		2	50
June 17	Thos C. Watkins, Desk for Staff House		10	00
	A. M. Souter, Chair for Staff House		14	00
June 22	Junior Health League, half of cheque from Mrs. Pasmore		25	00
Aug. 27	Mt. Hamilton Bus Line		8	50
Sept. 10	G. W. Robinson Co., Chairs for Staff House....		15	90
Dec. 3	Mrs. Norman Jones, Local Council Affiliation Fee		2	00
Dec. 14	Miss McMeekin, Flowers		4	00
Dec. 15	Miss McLean		10	00
	Eaton Knitting Co., Underwear, Socks and Sweaters for Patients		54	60
	Eaton Knitting Co., Underwear, Socks and Sweaters for Patients		45	00

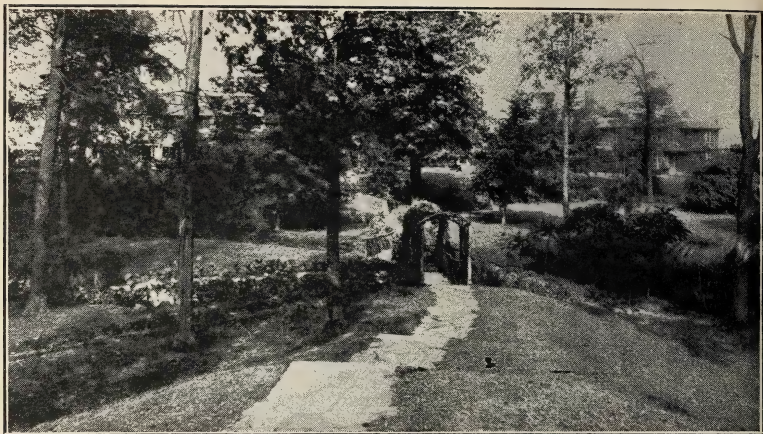


Children Playing in Rear of Preventorium

Dec. 15	Eaton Knitting Co., Underwear, Socks and Sweaters for Patients	12 00
	Eaton Knitting Co., Underwear, Socks and Sweaters for Patients	23 65
	G. W. Robinson Co., Underwear, Socks and Sweaters for Patients	33 40
	Grafton & Co., Underwear, Socks and Sweaters for Patients	19 90
	Thos. Anderson, Records for Patients	3 00
	Eaton Knitting Co., Underwear, Socks and Sweaters for Patients	4 00
	G. W. Robinson Co., Underwear, Socks and Sweaters for Patients	5 18
Dec. 23	John McPherson Co., Rubbers and Shoes for Patients	8 20
	Hamilton Health Association, Alpine Lamp.....	450 00
	Geo. Crawford, Radio Receiver	85 00
		<hr/>
		\$ 1,056 82
	Bank Balance	1,824 47
		<hr/>
		\$ 2,881 29

Certified correct,
THOS. PEACOCK, Auditor.

MARGARET EDWARDS,
Treasurer.



The Flag Walk Through the Sunken Garden to the East Pavilion.

Report of Tuberculosis Visiting Nurse

Sir:

I beg to submit the following report in respect of the chest clinic for the year ending September 30th, 1926.

New cases examined at the Clinic during year 698

Cases examined at the Clinic reporting back after registration either previous to, or during present year 1,430

Total number of examinations during year 2,128

New Cases—

Cases not definitely diagnosed 337

Cases in which no activity was found 198

ACTIVE—

Minimal—

Male Adults 3

Female Adults 4

Children 5

— 12



Children in Apple Orchard, Which Surrounds Pavilion.

Mod. Advanced—

Male Adults	21	
Female Adults	9	
Children	0	
	—	30

Far Advanced—

Male Adults	11	
Female Adults	12	
Children	1	
	—	24

Other Diseases, Etc.....	97	
	—	698

Previously Registered—

Results of further examination of previously registered cases:

Cases not definitely diagnosed	413
Cases in which no activity was found	540

ACTIVE--

Minimal—

Male Adults	3	
Female Adults	13	
Children	131	
	—	147

Moderately Advanced—

Male Adults	20	
Female Adults	25	
Children	3	
	—	48

Far Advanced—

Male Adults	8	
Female Adults	15	
Children	1	
	—	24

Cases formerly Active, now arrested—

Male Adults	22	
Female Adults	20	
Children	74	
	—	116

Other diseases found, principally bronchial and throat trouble	142	
	—	1,430

TOTAL EXAMINATIONS 2,128

Number of New Cases recommended for Sanatorium
treatment 53

Number recommended for Sanatorium on subsequent ex-
amination 115

Total recommendations during year 168

Number of examinations of school and pre-school child-
ren 1,449

Number of Patients supplied with re-fills, handkerchiefs and medical supplies	147
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Number of routine visits made by nurse at homes	3,010
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Number of miscellaneous calls made by nurse.....	9
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The following are the sources of reference of the 698 new cases reporting at the Clinic during the year:

Physicians	264
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Public Health Nurses	198
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School Nurses	40
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Persons voluntarily reporting or recommended by friends	133
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Other sources	63
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Total	698
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Number of Intracutaneous-Tuberculin Tests conducted during year	498
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Number of Positive reactions on above Tests	172
---	-----

The Hamilton Junior Health League supplied 18,111 quarts of milk during the year to the homes of registered cases.

The "Miss J. Doolittle Fund" supplied \$360.19 during the year for groceries, fruit, and other necessities for needy families. An inestimable amount of good was done by the supplying of these provisions to families, much of whose trouble is due to under-nourishment.

The following is a distribution of the ages of all registrations:

Ages 1 to 5 years	210	Ages 35 to 45 years	154
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Ages 5 to 10 years	703	Ages 45 to 55 years	54
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Ages 10 to 16 years	560	Ages 55 to 70 years	31
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Ages 16 to 25 years	210	Over 70 years of age	1
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Ages 25 to 35 years	205
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Total 2,128.

This table being a list of total registrations, contains the ages of some patients more than once.

The following table shows the nationalities of the patients examined. As some cases were examined more than once, they are included more than once in this table:

Canadians	1,739	Polish	7
English and Welsh	208	Austrian	3
Scottish	50	Roumanian	3
Irish	20	Russian	25
U. S. A.	36	Bulgarian	1
Indian (Amer.)	4	Greeks	2
Finlanders	5	Italian	14
Bohemian	1	Jews	3
Jamaican	1	Armenian	3
German	3		

Total, 2,128

The following is a list of the occupations of all patients registered during the year, some patients appearing more than once in the table:

Children and pre-school children	1,467		
Housewives and others whose occupations are in homes or who have no employment	254		
Agents	2	Carters and Teamsters	3
Auto Trimmer	2	Chauffeurs and Drivers....	18
Bookkeepers	3	Confectioner	1
Bakers	2	Car Conductors	3
Barbers	2	Car Inspectors	3
Blacksmiths	3	Caretaker	2
Brakemen	5	Domestics	6
Bricklayers	2	Dressmakers	9
Butchers	1	Dyer	1
Binder Inspector	2	Engineers	4
Cabinetmakers	1	Electricians	4
Carpenters and Wood Workers	11	Electric Welder	1
Compositors	1	Farmers	12
Clerical	24	Factory-workers	29
		Firemen	7

Factory Foreman	1	Painter	1
Foreman Car Works	1	Polisher	1
File Maker	1	Pattern Maker	1
Firebuilder	2	Piano Tuners	3
Fitter	1	Restaurant Keeper	1
Gardeners	3	Railway Sectionman	1
Ice Cream Mfr.	2	Shippers	2
Insurance Agents	5	Seamstresses	2
Jeweller	1	Stenographers	6
Jobbers	3	Stonecutters	3
Janitors	1	Sailors	1
Knitters	4	Steel Workers	2
Laborers	98	Salespeople	14
Locksmiths	1	Storekeeper	1
Lithographers	1	Students	2
Machinists and Mechanics	17	Statistician	1
Millhands and Wrights ...	4	Sheet Metal Worker	1
Moulders	1	Tentmakers	2
Merchants	3	Tailors or Tailoress'	6
Nurses	6	Teachers	5
No occupation	17	Telephone Workers	4
Orderlies	1	Traveller	1
Packers and Warehouse-		Tel. Operators	1
men	2	Wiremaker	1
Porter	1	Wire Drawer	1
Presshand	1	Wireman	1

Total, 2,128.

Respectfully submitted,

SADIE E. MacBETH, R. N.,
Visiting Nurse.

Junior Health League Milk Fund Report

Milk tickets were distributed monthly from the Health Centre to between forty-five and fifty-five families whose names appear on the monthly milk list. This list is amended from time to time with the approval of the Secretary of the Junior Health League. In each case one or more members of the family have tuberculosis in some stage, or have been attending the Clinic and are not definitely diagnosed.

The following quantities were supplied throughout the twelve months ending October 31st, 1926:

November, 1925	1,560	quarts
December, 1925.....	1,831	"
January, 1926	1,740	"
February, 1926	1,689	"
March, 1926	1,528	"
April, 1926	1,485	"
May, 1926	1,517	"
June, 1926	1,399	"
July, 1926	1,395	"
August, 1926	1,347	"
September, 1926	1,320	"
October, 1926	1,300	"

Total..... 18,111 quarts

It is impossible to overestimate the value of the assistance which is being given the preventative work of the Clinic by the supplying of this milk to under-nourished children. The Department is deeply indebted to the Junior Health League for this valuable aid in fighting tuberculosis in the city.

While special instances could be given, it is difficult to say that any one family has been helped more than another, all of the families on the list have received incalculable benefit and have, on many occasions, expressed their appreciation of what has been done in this direction by the Hamilton Junior Health League.

SADIE E. MacBETH.

The Hamilton Health Association

HEALTH CENTRE, 22 MAIN ST. W.

Petty Cash Account

For year November 1st, 1925, to October 31st, 1926.

1926.		Receipts.	
Apr. 16	To 1 Dozen Thermometers for sale at Clinic	\$ 5 00	
Oct. 31	To Balance	52 95	
			\$57 95
1925.		Disbursements	
Nov. 1	By balance on hand	\$32 82	
4	By Sale 1 Thermometer	75	
6	By Sale 1 Thermometer	75	
16	By Sale 1 Thermometer	75	
16	By Donations	57	
Dec. 30	By Sale 1 Thermometer	75	
1926.			
Jan. 4	By Sale 1 Thermometer	75	
11	By Sale 1 Thermometer	75	
20	By Donation	1 06	
22	By Sale 1 Thermometer	75	
25	By Loaned Thermometer, broken	75	
Feb. 1	By Donation	5 00	
19	By Sale 1 Thermometer	75	
Mar. 20	By Sale 1 Thermometer	75	
25	By Sale 1 Thermometer	75	
Apr. 21	By Sale 2 Thermometers	1 50	
28	By Sale 1 Thermometer	75	
May 26	By Sale 1 Thermometer	75	
May 26	By Donation	2 00	
June 1	By Sale 1 Thermometer	75	
July 14	By Sale 1 Thermometer	75	
Aug. 3	By Sale 1 Thermometer	75	
Sept. 11	By Sale 1 Thermometer	75	
Oct. 20	By Sale 1 Thermometer	75	
22	By Sale 1 Thermometer	75	
30	By Sale 1 Thermometer	75	
			\$57 95

SADIE E. MacBETH.



T. Vijayaraghavacharye, The Diwan of India, Visiting the Mountain Sanatorium.

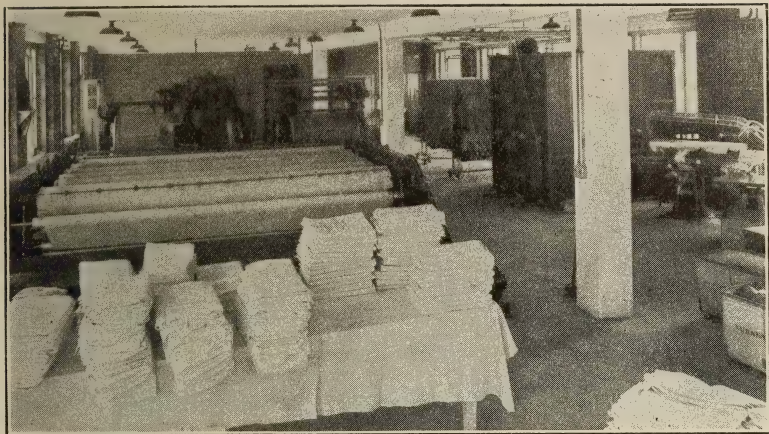
Report of Junior Health League

In submitting the Annual Report of the Junior Health League, I wish to thank our many friends, who, by their able support, have made it possible for us to carry on the work of the League so successfully in the past year.

Under the supervision of Mrs. Stinson Thompson, forty-six families are being visited by various members of the League. Through Miss MacBeth at the Health Centre, 17,426 quarts of milk have been supplied to these families, at a total cost of \$2,103.10.

I would like to take this opportunity of expressing our appreciation of the valuable assistance rendered by Mrs. Marjory Thompson, of the Central Bureau of Social Agencies.

The general purchasing of warm clothing, boots and rubbers, has been conducted by Mrs. Fritz Martin and her committee. The amount expended on items was \$811.79.



Interior of New Laundry, Completely Equipped with the Latest Type of Machinery

The libraries at both the Brow and Orchard Infirmaries were open each Monday. The total number of books distributed at the Orchard Branch was 7,280, making an average of 145 per week; while, at the Brow, 6,751 were given out to the patients, an average of 135. May I call your attention to the fact that constant additions to these libraries are necessary, and any donations of books will be greatly welcomed. They will be called for if Mrs. Francis Malloch is notified at Regent 1325.

The Annual Bazaar of the Junior Health League was held this year at the home of Mrs. Dalley, the proceeds being \$1,559.66.

Again, this summer, we were able to send 21 boys from our T. B. families to the Scout Camp at Port Maitland.

Through the kindness of Miss Crerar and her associates, we were able to realize \$423.81 from the sale of tickets for

Three Short Plays, given at the Delta Collegiate Theatre, in November.

We are very grateful to the members of the Ladies' Board of the Hamilton Health Association for the interest taken by them in the Junior Health League.

With the continued support of those who are interested in this work, we feel that we may look forward with optimism to the coming year.

Respectfully submitted,

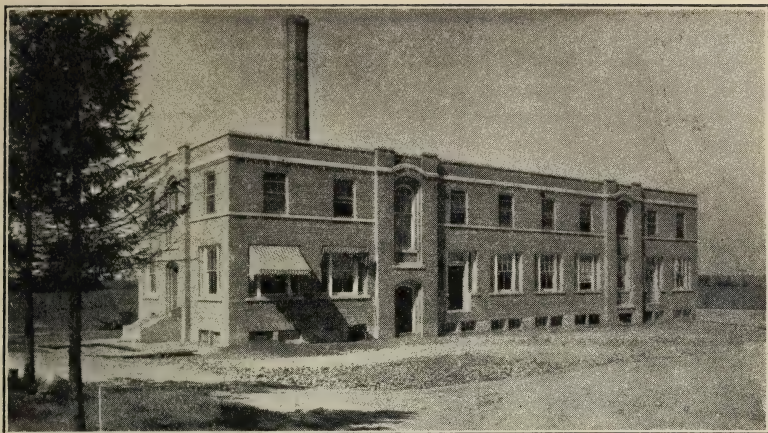
MARGUERITE NICHOLSON.

Financial Report Junior Health League

For the year ending December 31st, 1926.

Receipts.		Expenditures.	
Fees	\$ 152 00	Milk	\$ 2,103 10
Donations	417 00	Clothing	811 79
Bazaar	1,559 66	Sanatorium Library	120 00
Dance	217 40	Preventorium	80 00
Garrick Club Plays	423 81	Boys' Camp	220 50
Strathallan Play (1925)..	93 00	Printing and Stationery..	16 36
Interest	82 15	Sundries	12 45
<hr/> Total Receipts		<hr/> Total Expenditures	
\$ 2,945 02		\$ 3,364 20	
Bank Balance, Dec. 31st,		Bank Balance, Dec. 31,	
1925	1,697 96	1926	1,283 20
Cash on hand	8 67	Cash on hand	4 25
Bond, 1932, Ref'd'g	500 00	Bond, 1932, ref'd'g	500 00
<hr/>		<hr/>	
\$ 5,151 65		\$ 5,151 65	

(Signed), JEAN D. CRERAR,
Treasurer.



The New Laundry Building, which includes the Men's Quarters (help), and the Workshops (basement).

Report of Medical Superintendent

J. H. Holbrook

With the close of the twenty-first year of Sanatorium work, there is a very real satisfaction in looking back upon the work accomplished, for starting in a very simple way, we now have an institution capable of accommodating 350 patients, and a very considerable part of the institution consists of modern, fire-proof buildings, equipped suitably for carrying out the latest methods in the scientific treatment of tuberculosis.

I wish first to refer especially to the gradual growth in our facilities for treatment, for this is the part that especially concerns the medical department. In the early days, treatment was chiefly a matter of keeping the patients in the fresh air as much of the time as possible, keeping them comfortably warm and feeding them well, and giving them simple nursing care.



The Normal School Students on Their Annual Visit to the San.

It was really the Department of Soldiers' Civil Re-establishment that established our first X-ray plant, and they also introduced the dental service and vocational therapy, in each case supplying the necessary equipment and staff. With a gradual decrease of soldier patients, these various services have been extended to civilian patients, and the staff has been taken over by our own Board, with the result that to-day we can assure patients entering the institution that they will get the benefit of every service that was considered of value in the case of tuberculous soldiers. In addition, we have profited by the example of the Pension Board in their organization of clinics to which their tuberculous patients are called up every six months for re-examination, for not only in Hamilton, but in the neighboring counties we are carrying on extension clinics, which to a very considerable extent, are made use of by the civilians who are thought by their family physician to be tuberculous. Unfortunately, we cannot compel civilians to come to these clinics, as is the case with pensioners of the Federal Government, and the most distressing part of our work has to



Sir Henry Gauvain, Lady Gauvain, and Party Visiting the San

do with the admission of far advanced cases of tuberculosis, many of whom have only recently faced the fact that they are tuberculous. Whether this is the fault of their family physician, or is due to the fact that they have previously been diagnosed as tuberculous and have refused to accept the verdict, the fact remains that there are still very many civilian patients who come to the Sanatorium for treatment when the only thing left for us to do is to give them nursing care through the last few remaining weeks or months of life.

This appears to our medical staff, as the most serious problem in this field to-day, and the problem becomes increasingly serious to those patients who live in more distant parts of the Province, where sanatorium facilities are not available. We have proved that there is a wonderful field for service in the surrounding rural districts, but what is needed most is financial assistance so that every sanatorium can make available the services of one or more of its staff for extension clinics, such as have been conducted in a small way from this Sanatorium in recent years.

Last year Dr. Hutton came to the Annual Meeting to tell the value of these clinics to the City of Brantford. Dr. Currey wrote, expressing the same opinion with regard to their value in St. Catharines. The clinics in Simcoe are also serving to find many cases at an earlier stage than would otherwise have been the case. These centres, however, are easy to reach, and the districts that would seem to most seriously concern us to-day are those which are most distant from the denser centres of population. For instance, during the last year we have admitted three advanced cases from the eastern part of the Province. In fact, one patient came from Green Valley, and when we inquired as to the location of this address we were told that it was the last station on the C.P.R. in Ontario before crossing over into the Province of Quebec. It came to us with somewhat of a shock to realize that a far advanced case of tuberculosis would be compelled to travel over three hundred miles to enter a sanatorium, only to gradually come to realize for herself after a short period in the institution, that her case was so far advanced that it was hopeless to effect a cure. The matter is all the more distressing because of the fact that there is no sanatorium to-day east of Toronto in the Province of Ontario that will accept civilian cases from the rural municipalities for with the closing of Mowat Sanatorium in Kingston, the only institution left in Eastern Ontario is the Lady Gray Sanatorium at Ottawa, which is a municipal institution, with only sufficient accommodation for their own municipality. It is very apparent to us, both from our experience with these patients coming to us from a distance, and from results with our own extension clinics, that if these extension clinics were taken over by the Provincial Board of Health, and either conducted by Provincial Board of Health diagnosticians stationed at the Sanatorium or were conducted directly from headquarters in Toronto, through an increase of the present diagnostic staff, there could be a most wonderful saving, both from the standpoint of finances and from that of human lives, for by some means it is surely necessary to arouse the people to a knowledge of the fact that the present wasteful and heart-rending method can be to a great extent avoided.



A Few of the 4,000 Chickens Which Supply Fresh Eggs to the San Patients.

This matter of extension clinics deals with the fundamental problem in tuberculosis, namely, the finding of cases before they have become a very great source of menace to the community, and while they are still curable, and I am very sure that all the expense incurred in carrying on this experimental work in which we have been engaged, is well worth while if it can only be the means of bringing to the attention of the authorities the fact that the extension clinics afford the best possible solution of this problem.

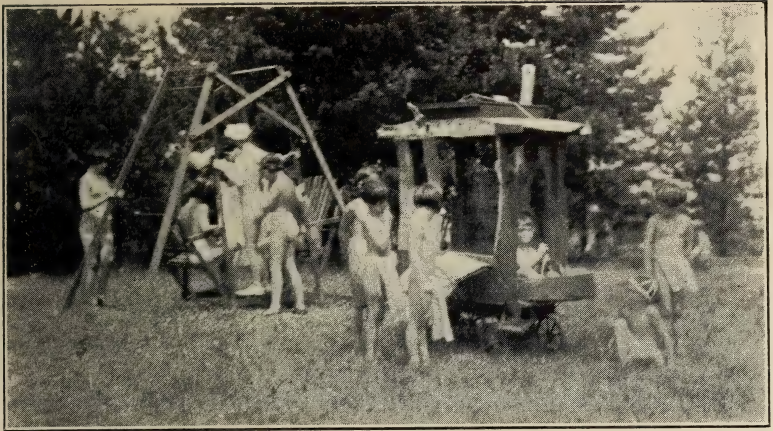
In one other respect, too, this experiment has proven of great value, for it has made it possible to definitely work out a plan by which the fullest possible co-operation with the general practitioners and family physicians of the province can be secured. The plan followed in all these clinics has been to have every case referred by the patient's family doctor, following which a written report is sent to the family physician, who is then in a position, with his own knowledge of the case,



"Sun Treatment"Parade. Inspection by Sir Henry Gauvain.

and of the home conditions, combined with the report of a chest specialist, to give expert advice with regard to the treatment or disposition of a particular case.

Bearing on this point, we have come to the conclusion that the future advance in tuberculosis work must come through the quickening of the interest of the general practitioner; and in this connection it is interesting to read what Sir William Osler, almost twenty years ago, termed a last word to the general practitioner on the subject of tuberculosis. In the seventh edition of his text book, "The Principles and Practice of Medicine," he says: "The leadership of the battle against the scourge is in your hands. Much has been done, much remains to do. By early diagnosis, and prompt, systematic treatment of individual cases, by striving in every way possible to improve the social condition of the poor, by joining actively in the work of the local and national anti-tuberculosis societies you can help in the most important and the most hopeful campaign ever undertaken by the profession."



Sun Treatment Children at Play—The Preventorium.

It might be well to add one further remark in this connection, namely, that this Sanatorium is trying to do its full duty towards the awakening of the interest of the general practitioners in tuberculosis work. As a matter of fact, no line of medical work is more interesting once it is understood, and for some years now we have made a practice of accepting fifth year medical students as interns for their summer vacation periods. These students come to us because of their interest in the work, and as an example of this interest, it only needs to be stated that all the appointments for next year were made at the end of the month of October, 1926. As years go on, there is an increasing number of these young men who have gone out as general practitioners, and we are beginning to see very definite results of their work, for increasingly, these young men are sending early, curable cases to us for treatment, and are in other ways showing their interest in the specialty of chest diagnosis and treatment. Just what this will mean to the community in which they settle, both in human lives and in

economic savings, is impossible to estimate, for these men are fully living up to Osler's ideal.

These extension clinics appear to me to be of very great importance, and it is only fair to state that their continuance has been made possible by the interest of our Board in this work, and by the generosity of one of the members of our Association who, by a special donation, has made it possible to add an extra member to our medical staff.

I am very pleased to say that this is only one of the many advances that have been made during the year.

One of the most gratifying additions to our staff was made through the Hamilton Board of Education when they, at Easter, assigned a teacher of high school and collegiate subjects for work at the Sanatorium. This makes a total of three teachers, supplied by the Hamilton Board of Education, two having charge of children, and the third following up with the higher studies. This plan has been in operation considerably less than a year, but already what seems to me to be wonderful results have been accomplished. In the first place, the morale of the young people of the institution has been vastly improved, and this in addition to the direct advantages, is of no small importance from the standpoint of success in treatment. Individually, quite a number of young people have taken courses of accountancy or have taken up studies which have tended to keep alive their intellectual capacity, and their keenness of memory, whereas in the olden days the whole atmosphere of the institution tended to create a sense of inertia and of lack of interest in life. In addition to this, the Kiwanis Club has made it possible for us to secure a third teacher for children, so that closer supervision can be maintained while the children are in their beds.

Last year's report included a detailed account of the different activities carried on within the institution by the various chapters, societies or individuals, for the welfare of the patients, and we are pleased to say that this work has con-

tinued and in many instances has been extended. The importance of the school work already described is that it rounds out a very extensive program of educational work, most of which is of an entirely voluntary nature. The vocational work and instruction in music carried on at the New Infirmary is a continuation of the work commenced by the Department of Soldiers' Civil Re-establishment, but in addition there is now a similar line of vocational work for the orchard patients, carried on by the Business Women's Club, and they also supply a teacher of stenography and typewriting. The work of the Junior Health League, in conducting the library for patients, is also of great importance, both as recreation for the patients and from the educational standpoint. In addition, quite a large class of children at the Preventorium are receiving a course of instruction in music, through funds donated for this purpose, and a small group of talented young people are receiving a course of instruction in art. Another educational feature which is proving of extreme interest is the conversational French class, commenced by Mrs. Victor Ross, and now grown to such proportions that she very frequently brings with her one or two other volunteer teachers.

The radio, too, has continued to be of great service, not only for entertainment, but also, and especially as a means of giving educational talks on various subjects, and by enabling the lecturer to reach even those who are too ill to take up any of the regular courses of study.

This record of the various educational activities will serve to illustrate the point that the old objection to Sanatorium treatment, that the patients lose ambition to become useful citizens, has been replaced by an actual constructive effort to prepare the curable patients for a life of usefulness when they are ready for discharge, and it is hoped that this plan will enable them to better fit themselves to escape relapses which might necessitate returns for treatment.

No attempt is being made in this year's report to describe all the welfare work for patients, but the purpose is to show



A Few of the Hundreds of Iris in Bloom at the Brow

what the institution is doing to fit the patients by treatment and educational training for their life after discharge, and I think you will agree with me that physically handicapped people such as they are, will require, not less but more intensive mental training than the physically normal individual.

During the war period much thought was given to the need for a work colony for soldier patients after their discharge from Sanatorium, but the more we study the question, the more convinced are we that the solution of the after care problem, lies in educational training of the convalescing patients while they are still under treatment in Sanatorium. Not only has he an ample supply of spare time which would otherwise be wasted, but if habits of idleness are once developed, it is almost impossible to shake them off, and besides all this, there is the fact proven over and over again, that the best safeguard against relapses is the ability to secure a congenial position which does not require heavy physical exertion, but does provide a comfortable salary. The old plan of seeking



Children "On Exercise" from Preventorium, Doing a Little Gardening.

any outdoor employment, has over and over again been proven to be an unsatisfactory solution, and as between outside and inside employment, the choice should always lie with the position which provides most pay for least physical exertion.

The above may be classed as the sociological problems which we, as an association, are trying to solve, but I am pleased to say that the more technical medical work of both diagnosis and treatment have also witnessed a very definite advance during the year. More cases than in any previous year have been treated by pneumothorax, and our phrenicotomy cases are also growing in numbers, and though no thoracoplasty operations have been performed within the institution, yet a few of these cases are gradually accumulating. For all this work, we are dependent upon our surgical consultant staff who are always very willing to assist our patients. We have also to acknowledge our gratitude to Dr. Shenstone, of Toronto, who came recently and carried out the phrenicotomy operation upon four patients.

Again, in the matter of laryngitis, following the appointment of a nose and throat specialist to our staff, we are able to carry out electro-cautery treatments for this most unfortunate group of patients. Here again, we are deeply indebted for assistance to Dr. Parfitt, who came and gave us of his time to demonstrate this method of treatment which he has done more than any other person to introduce.

We are also using lipiodol, both for diagnosis and treatment for chronic non-tuberculous pulmonary cases, and some of these unfortunate cases have been very considerably benefited.

Some new work has also been undertaken in the laboratory, and the X-ray, the dental and other lines of service have been continued with efforts made to introduce improvements wherever possible.

Perhaps the most pleasing feature of these advances is the fact that all this extra work has been carried on without extra cost to the patient, and to me it seems very important that you who are members of this association should know that through the combined assistance of your membership fees, and the assistance of the various chapters, societies, clubs and individuals, we have been able to go on extending our service to this extent at a maximum cost to the patient of \$1.50 per day, or \$10.50 per week. As a matter of fact, the great majority of the patients are admitted through their municipalities, this rate being paid in whole or in part by the municipality. There was never a time in the history of the world when more work of this sort was needed, for the science of medicine has advanced beyond all bounds until to-day it is impossible for the average individual to receive the aid required except on some such organized basis, and until every community has a health association, working with the co-operation of the medical profession, to develop the best possible medical service, needless lives of the community must be sacrificed and needless cases of ill health and inefficiency must be looked after by the community as public charges.

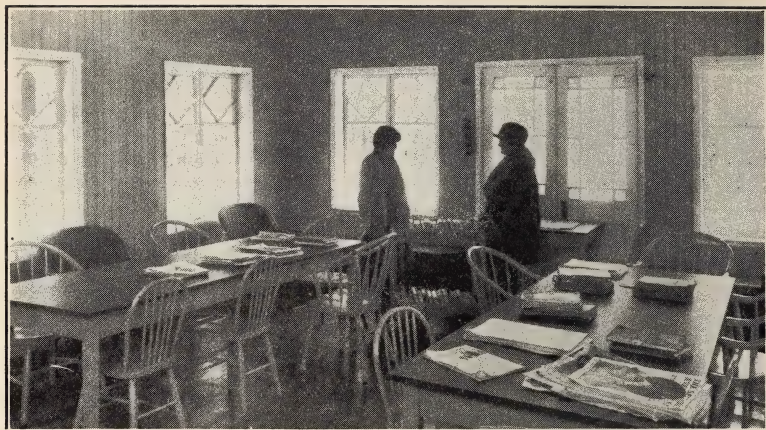
Thus, I hope I have proven to you, first, that we as an association and as a medical staff are doing all in our power to increase our service to the individual patient; secondly, that we need your assistance more perhaps, than ever before because of the greater opportunities that have come in the course of the scientific advance in the treatment of tuberculosis; and thirdly, that we believe you as members of the Association, can assure every sufferer from tuberculosis that however excellent home conditions may be, yet home treatment, especially for the early curable case, cannot take the place of at least the first few months of sanatorium treatment, for it is only in the sanatorium, that the patient can secure that combination of modern, scientific methods in diagnosis and treatment, along with the educational training, both in matters of health and in preparation for after life, as a useful citizen, that are so necessary in effecting a permanent cure.

I wish to add then, that for the extension of our work, we are very much in need of increased infirmary space, as this class of case has increased until the pavilions are almost filled with tray patients, and the only practical solution would seem to be a third floor to the new Infirmary, which was provided by the city, in place of the Southam Home. Our other great need which was stressed last year, is a clinical building to provide suitable accommodation for the various lines of technical work to which I have just referred. This building in itself would release a considerable amount of infirmary space now used as work rooms for diagnosis and treatment.

Finally, I wish to especially thank all agencies that have assisted us in our work, and especially on behalf of the medical staff, I wish to thank our medical consultants who have been unfailing in their kindness to us and to our patients.

Following is the brief statistical report.

J. H. HOLBROOK,
Medical Superintendent.



Library and Reading Room at the Orchard San. Books are distributed weekly by Members of the Junior Health League.

Statistics of Civilian Patients

Following are statistics for the year:

	Male	Female	Total
No. of Patients in residence, October 1, 1925	133	145	278
No. of Patients admitted to September 30th, 1926	108	132	240
Total.....	241	277	518
No. of Patients discharged during year	85	88	173
No. of deaths during year	27	30	57
No. of Patients in residence, September 30, 1926.....	129	159	288
Total.....	241	277	518
Collective days' stay of Patients	107,591 days.		
Average days' stay of Patients	208 days.		
Total Bed Capacity	350		



Christmas Dinner at One Infirmary at the Brow.

Residence of Patients		Male	Female	Total
From	City of Hamilton	119	130	249
“	Dundas	2	2	4
“	Ancaster Township	3	12	15
“	Barton Township	3	13	16
“	Saltfleet Township	4	1	5
“	West Flamboro Township	1	0	1
“	East Flamboro Township	2	2	4
“	Beverly Township	0	1	1
“	Binbrook Township	1	0	1
“	Glanford Township	0	1	1
“	Other Counties in Ontario	106	115	221
Total.....		241	277	518

Nationality of Patients			
Canada	140	195	335
England	50	42	92
Ireland	7	3	10
Scotland	13	15	28
United States	10	9	19
Other Countries	21	13	34
Total.....	241	277	518

Religion of Patients

	Male	Female	Total
Protestants	182	227	409
Roman Catholics	49	41	90
Other Religions.....	10	9	19
Total.....	241	277	518

Ages of Patients

	Male	Female	Total
1 to 4 years	2	2	4
5 to 9 years	31	36	67
10 to 14 years	14	18	32
15 to 19 years	12	40	52
20 to 24 years	41	40	81
25 to 29 years	29	43	72
30 to 34 years	28	33	61
35 to 39 years	34	25	59
40 to 44 years	12	13	25
45 to 49 years	14	10	24
50 to 54 years	12	3	15
55 to 59 years	4	5	9
60 to 64 years	2	2	4
65 to 70 years	4	7	11
70 to 74 years	2	0	2
Total.....	241	277	518

Of the 230 discharged during the year, 105 were weighed on discharge; 90 gained an average of 15 lbs; 15 lost an average of 4 lbs. Largest individual gain, 41 lbs.

Report of Children

	Male	Female	Total
No. of children 15 years and under in residence October 1, 1925	29	45	74
No. of children 15 years and under admitted to September 30th, 1926	18	18	36
Total.....	47	63	110
No. of children 15 years and under, discharged during the year	19	23	42
No. of children 15 years and under, in residence September 30, 1926	28	40	68
Total.....	47	63	110

	Apparently Arrested	Quiescent	Improved	Unimproved	Died	Untreated	Total	%
Minimal	13	7	22	42	18.3
Moderately Advanced...	2	8	14	1	2	...	27	11.7
Far Advanced	11	33	21	52	...	117	50.9
Doubtful evidence or Non-T.B.C.	22	1	23	10
Non-Pulmonary T. B.....	...	1	2	3	1.3
Untreated	18	18	7.8
Total	15	27	93	23	54	18	230	
%	6.5	11.7	40.4	10.	23.5	7.9		

Number of Civilian Patients admitted for treatment since the establishment of the Sanatorium:

Up to September 30, 1906	30
October 1st, 1906, to September 30th, 1907.....	71
October 1st, 1907, to September 30th, 1908.....	94
October 1st, 1908, to September 30th, 1909.....	111
October 1st, 1909, to September 30th, 1910.....	114
October 1st, 1910, to September 30th, 1911.....	139
October 1st, 1911, to September 30th, 1912.....	122
October 1st, 1912, to September 30th, 1913.....	134
October 1st, 1913, to September 30th, 1914.....	134
October 1st, 1914, to September 30th, 1915.....	165
October 1st, 1915, to September 30th, 1916.....	153
October 1st, 1916, to September 30th, 1917.....	215
October 1st, 1917, to September 30th, 1918.....	196
October 1st, 1918, to September 30th, 1919.....	170
October 1st, 1919, to September 30th, 1920.....	176
October 1st, 1920, to September 30th, 1921.....	199
October 1st, 1921, to September 30th, 1922.....	182
October 1st, 1922, to September 30th, 1923.....	182
October 1st, 1923, to September 30th, 1924.....	220
October 1st, 1924, to September 30th, 1925.....	239
October 1st, 1925, to September 30th, 1926.....	240
Total.....	3,286

Of this number 567 have been re-admitted patients, making the total individual number 2,719.

Statistics of Military Patients

October 1st, 1925, to September 30th, 1926.

Number of Patients in residents October 1st, 1925	43
Number of Patients admitted to September 30th, 1926	36
Total.....	79
Number of Patients discharged during the year	39
Number of patients who died (deaths)	6
Number of Patients in residence September 30th, 1926	34
Total.....	79
Collective days' stay of patients	14,047
Average days' stay of patients	177

Residence of Patients

City of Hamilton	22
City of Toronto	41
Other parts of Ontario	15
Other provinces	1
United States	0
Other Countries	0
Total.....	79

Religion of Patients

Protestant	68
Catholics	11
Other Religions	0
Total.....	79

Nationalities of Patients

Canadian	23
English	33
Irish	5
Scotch	14
United States	4
Other Countries	0
Total.....	79

Married	60
Single	18
Widower	1
<hr/> Total.....	<hr/> 79
Service in France	66
Service in England	6
Service in Canada	5
Service in Other Parts	2
<hr/> Total.....	<hr/> 79

Classification of Cases

	Arrested	Apparently Arrested	Quiescent	Improved	Unimproved	Died	Total
Minimal	1	4	5
Moderately Advanced	8	4	1	1	...	13
Far Advanced	2	11	1	6	6	26
Doubtful Evidence, (Bronchiectasis)	1	1
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
		11	19	2	7	6	45
No. Patients admitted from June 12, 1916, to Sept. 30, 1917.....							262
No. Patients admitted from Oct. 1, 1917, to Sept. 30, 1918.....							236
No. Patients admitted from Oct. 1, 1918, to Sept. 30, 1919.....							258
No. Patients admitted from Oct. 1, 1919, to Sept. 30, 1920.....							218
No. Patients admitted from Oct. 1, 1920, to Sept. 30, 1921.....							191
No. Patients admitted from Oct. 1, 1921, to Sept. 30, 1922.....							92
No. Patients admitted from Oct. 1, 1922, to Sept. 30, 1923.....							101
No. Patients admitted from Oct. 1, 1923, to Sept. 30, 1924.....							98
No. Patients admitted from Oct. 1, 1924, to Sept. 30, 1925.....							47
No. Patients admitted from Oct. 1, 1925, to Sept. 30, 1926.....							36
<hr/> Total.....							<hr/> 1,539

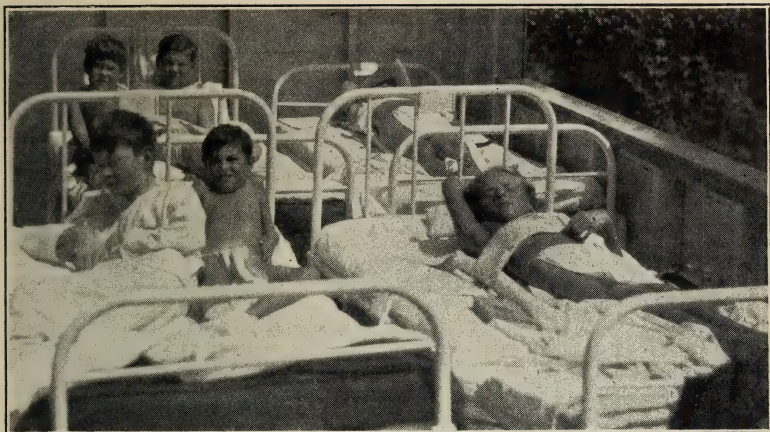
Yearly Dental Report, 1926

Silver Fillings	276
Cement Fillings	136
Porcelain Fillings	110
Local Anaesthetics	666
Extractions	659
Sealing	163
Pyorrhoea	164
Prophylaxis	127
Miscellaneous Operations	274
Root Treatments	53
Gutta Percha	53
Impressions	66
Bites	41
Try-in Plates	63
Insert Plates	63
Repair Plates	19
Adjust Plates	35
<hr/>	
Total Operations	2,968

Laboratory Report, 1926

During the year ending September 30th, the following tests were made:

Routine Urinanalyses	1,583
Special Urinanalyses	60
Sputum Analyses	2,586
Focces	10
Gastri Analyses	6
Blood Counts	25
Throat Cultures	60
Special Cultures	50
Stained Smears	150
Pleural Fluid	10
Spinal Fluid	2
Guinea Pig Innoculation	115
Blood Sugar Tests	12
Blood Urea Nitrogen	13
Blood Creatinin	12
Blood Chloride	1
Renal Function Tests	10



Children at Preventorium Taking Helio-Therapy Treatment.

Wassermann Tests	1,114
Complement Fixation Tests in Tuberculosis	1,114
Caulfield Inhibitive Reactions	1,114
Total.....	8,137

We have most of the apparatus necessary for doing blood chemistry, but owing to lack of space this work cannot be done on such a large scale as it should be, owing to the fact that whenever a test is completed the apparatus has to be taken apart and packed away, whereas if the place were larger it could remain assembled and used at a moment's notice. During the summer months when the students are here, there is a lot of experimental work done in the Laboratory, which when more than two are working at a time is very crowded and hampers the work a great deal.

Respectfully submitted,

W. V. ROBERTS,
Bacteriologist.

X-Ray Report, 1926

	Part.	1923	1924	1925	1926
Chest		241	307	258	499
Teeth		113	103	151	149
Gastro-Intestinal		63	42	57	85
Sinuses	26	47
Bones, Joints and Other Parts		62	48	38	68
Fluoroscopic	76	85
Total		469	500	606	933

Annual Meeting and Dinner

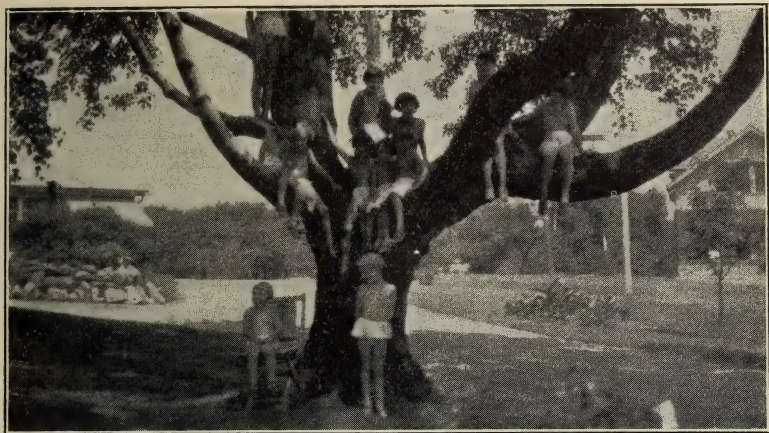
January 18th, 1927.

The twenty-second Annual Meeting of the Hamilton Health Association was held on Tuesday, January 18th, at 6 p.m., in the banquet room of the Royal Connaught Hotel. Mr. J. J. Evel, President of the Association, presided.

Addresses as delivered by Mr. Evel, President; Mrs. H. F. Burkholder, President of the Ladies' Auxiliary Board; Mrs. H. M. Nicholson, President of the Junior Health League; Miss Mary S. Phelan, President of the Canadian Business Women's Club, and Dr. Holbrook will be found in this report, also a summary of address given by Dr. Oscar Klotz.

Dr. Chas. D. Parfitt was also a guest at the Annual Meeting and gave a short address in which he described the complication of laryngeal tuberculosis, and the efforts that are being made to check the development of this condition before it has progressed into the usual painful lesion.

Dr. Parfitt came to the institution earlier in the year, and operated upon half a dozen of our patients, using the electro-cautery for cauterizing the area of disease in the larynx. This work was carried on with the idea of training Dr. Cornett so that he might learn the technique and follow out the procedure



Children from Preventorium "On Exercise."

in future cases. Dr. Parfitt very kindly referred to his work, and stated that he had accomplished very satisfactory results in a few cases in which he had already attempted treatment.

Dr. Parfitt is one of the leaders of Canadian physicians in recommending this line of treatment and already he has given much time in demonstrating its use. No complication in the whole field of tuberculosis is more distressing than that of laryngeal tuberculosis, and it is very much to his credit that without remuneration he would undertake to give so much of his time to the establishment of what he considers is in the great majority of cases the most valuable form of treatment for this condition.

Mr. Evel thanked Dr. Parfitt very heartily for the valuable assistance that he had given the Mountain Sanatorium in introducing this treatment to our patients.

Dr. R. E. Wodehouse, of Ottawa, was also present at the Annual Meeting, and at the request of Mr. Evel, he gave a

short report of the plans that are being established for the sale of the Christmas seal in Canada. It is hoped that in future years this will be the means of bringing a very large sum of money to the service of anti-tuberculosis work, and he urged that Hamilton should join with the other associations in the use of the Christmas seal for the coming year. Dr. Wodehouse also brought the good wishes of the Canadian Tuberculosis Association.

Under the leadership of Capt. Cornelius, the Central Collegiate Orchestra rendered a very pleasing musical programme.

On motion of Controller Davis, seconded by John R. Wainwright, the Directors of 1926 were re-elected for 1927, with the addition of Hon. John S. Martin, W. J. Aitchison and J. P. Bell.

Summary of Address by Dr. Oscar Klotz

Professor of Pathology, University of Toronto.

Professor Klotz came as the guest of the Association, and gave an address on "Research In Its Relation to Anti-Tuberculosis Work."

In the course of his address, he showed the part that scientific discoveries had already played in the clearing up, not only of tuberculosis, but of others of the infections which in past ages had acted as scourges to humanity. He also made reference to his visit to the West Coast of Africa during the preceding summer, when he was sent by the Rockefeller Foundation to investigate the tropical diseases common to the natives of that district, and gave a graphic description of the progress that was being made in stamping out some of the diseases of Africa.

Dr. Klotz also referred to the work of the Research Commission of Canada, and made it very plain that this is work



A View of the San Grounds Adjacent to the Buildings at the Brow.

which should have the moral support of all who are interested in the eradication of tuberculosis from both human beings and animals. He stated that the Hamilton Health Association had already given very valuable service along sociological lines, and that the Sanatorium and its system of clinics was a wonderful illustration of what could be done by a group of citizens who were sufficiently interested to give their time and money to the service of humanity. In fact, he even went so far as to say that in his experience he had never before seen a group of citizens as enthusiastic in the eradication of any disease as was to be found among the members of the Hamilton Health Association, who met at their Annual Meeting to hear the progress of their year's work.

He thought it was a wonderful thing that so many independent groups were all combining their activities in support of the agencies for diagnosis and treatment of the tuberculous patients of their own community, but he threw out the hope that if they would round out their activities by combining a

reasonable amount of research with the other measures of diagnosis and treatment, they would in the end be very likely to accomplish much more, in that they would be able to make use of the large amount of material for study and for the purpose of discovering those better methods which are sure to be worked out in the course of the next few years.

He stated that this idea was well established in business, for these great corporations had proved over and over again the economic saving through improvement of their knowledge, and of their technique in business methods. But Dr. Klotz was firmly convinced that there is just as great room for economic saving in the fighting of disease as in the fields of business enterprise, and urged that the Hamilton Health Association should round out their work as leaders in the fight against tuberculosis by organizing a department for research which would make available the great amount of material for study within the institution, in the hope that this might eventually lead to the Hamilton Health Association sharing in the future advances which are bound to be along the lines opened up through research.

Auditors' Report

November 17th, 1926.

The President and Directors,
Hamilton Health Association,
Hamilton, Ont.

Gentlemen :

We have examined the Books and Accounts of the Association for the year ended September 30th, 1926, and submit Balance Sheet as at the latter date with Maintenance Account for the year.

These statements, in our opinion, correctly show the financial position and operations of the Association.



ANNUAL BIRTHDAY PARTY.

Hon. J. S. Martin Delivering Address in Front of the Staff House.

Balance Sheet

CAPITAL ASSETS, \$878,295.11.

The details of this amount and of expenditure during the current year are as follows:

	Year	Total
Land (including Roads, Walks and Fences)		\$ 45,701 18
Buildings	\$ 56,457 18	653,390 16
Furnishings	11,612 14	83,982 75
Medical and Dental Equipment	862 53	8,944 75
New Laundry Equipment	158 00	21,648 40
Water, Sewage, etc.	386 99	27,748 51
Fire Equipment	415 00	2,509 32
Auto Equipment	3,550 00	7,226 44
Farm, Stable and Other Equipment		7,202 13
Poultry Equipment	654 90	19,941 47
	<hr/>	<hr/>
	\$ 74,096 74	\$878,295 11

The above expenditure during the year has been carefully vouched and includes the following items:

BUILDINGS.

Rebuilding Staff House, Administration Building, Garage, New Kitchen, additions to Grafton Infirmary and Travellers' Pavilion, balance of Mr. Moreland's house, Sun Verandah at Preventorium, Root Cellar, Greenhouse, Dr. Wilson's House and part expenditure on New Pavilion.

FURNITURE, ETC.

Staff House, Office Equipment, New Kitchen Equipment and General Furniture.

MEDICAL AND DENTAL EQUIPMENT.

Hoffman Quartz Lamp, Installing Transformer for X-Ray and Sundry Equipment.

NEW LAUNDRY EQUIPMENT.

Singer Sewing Machine, etc.

WATER, SEWAGE, ETC.

Water line to Poultry Plant.

FIRE EQUIPMENT.

Chemical Fire Engine and Extinguishers.

AUTO EQUIPMENT.

Ford Coupe purchased in exchange for Ford Sedan, Dodge Coupe and International Truck.

POULTRY EQUIPMENT.

Sundry additions.

DEPRECIATION RESERVE. \$187,324.16.

Depreciation of \$86.00 on the Ford Sedan sold in exchange is deducted from this Reserve, while the provision for the current year of \$32,459.97 is added. Of the depreciation for the year, \$28,591.97 is charged to Maintenance, \$2,870.93 to Farm Operating and \$997.07 to Poultry.

INVESTMENTS, \$38,602.50.

The sale of \$3,000.00 Southern Canada Power Co. Bonds carried in the Books at \$2,805.00 and the purchase of \$3,000.00 Steel Company of Canada Bonds placed on the Books at



A Winter Scene Near the Nurses' Residence at the Brow.

\$3,000.00, increase the investments by \$195.00, besides earning a profit on the exchange of \$217.50 added to Capital Account.

A Certificate from the Bank of Montreal shows these Investments held by the Bank, the various Funds and Securities being as follows:

(1)	Col. Grafton:		
	Hamilton Cataract Power Co. Bonds, 1943	\$	5,000 00
(2)	Julia Doolittle:		
	Steel Co. Bonds, 1940, \$5,400 Preferred Stock, 19		
	shares \$1,710.00		7,110 00
(3)	Mrs. J. Lennard:		
	Steel Co. Bonds, 1940		5,992 50
(4)	Mrs. Pirie:		
	Dominion of Canada Bonds, 1934		2,000 00
(5)	J. A. Bruce Estate:		
	Mortgage		17,500 00
(6)	C. C. Green:		
	Province of Ontario, Bond, 1936		500 00
(7)	Mrs. J. K. Bertram:		
	Dominion of Canada Bond		500 00
(8)	Chas. E. Doolittle Estate, \$5,000.00 applied in reduction		
	of Farm Mortgage.		

\$ 38,602.50

ACCOUNTS RECEIVABLE, \$56,332.37.

The details of this amount shown on the Balance Sheet have been carefully verified. A Reserve of \$1,000.00 is deducted from Patients' Fees, which include amounts due by Patients, \$971.80, and Municipalities \$11,918.60. The amount due by the Provincial Government covers a period of three months to September 30th, the City Corporation being for the same period and Military Hospitals Commission one month. The sundry item includes Petty Ledger balances of \$199.27, and \$359.00 requisitioned from the Ladies' Board for Clinic Expenses to September 30th.

CASH \$298.86.

A Special Savings Account of \$149.23 and three Petty Cash accounts amounting to \$149.63 make up this Asset.

LIVE STOCK, STORES, ETC., \$27,216.47.

The Inventory furnished us shows this value, including Live Stock and Poultry \$16,187.00; Provisions \$4,500.37; Fuel \$3,037.50; House Supplies \$1,350.52; Medical Supplies \$1,367.58 and Poultry Supplies, etc., \$773.50.

ACCRUED INTEREST, \$409.37.

Interest accrued on Investments to the close of the year makes up this amount.

INSURANCE UNEXPIRED, \$1,788.73.

This represents the unexpired portion of Insurance premiums in force at the close of the year, including Fire Insurance carried of \$368,050.00, as well as Boiler, Elevator, Bond and Auto Insurance.

SPECIAL FUNDS, \$905.52.

This amount is on deposit with the Bank of Montreal, being the unexpended balance of contributions designated for special purposes. This amount has been verified by us and by Bank Certificate, a corresponding liability being shown for the same amount.

LIABILITIES.

BANK OF MONTREAL, \$26,816.48.

After providing for outstanding cheques at September 30th, the Books show this liability to the Bank, which has been verified by Certificate.

ACCOUNTS PAYABLE, \$23,137.05.

This amount includes, to the best of our knowledge, all liabilities of the Association, not otherwise stated at the close of the year, not including the contingent liability for the New Pavilion let under contract, on which \$4,000.00 has been paid.

ENDOWMENT FUNDS, \$466.91.

The unexpended income from these Funds at the close of the year make up this liability, as shown in the following statement of Income and Expenditure of these Funds:

	Balance, Oct. 1, 1925	Income.	Expenditure.	Balance, Sept. 30, 1926.
(1) Col. Grafton		\$ 250 00	\$ 250 00	
(2) Julia Doolittle\$ 74 58		457 00	390 00	\$ 141 58
(3) Mrs. J. Lennard 180 00		404 87	524 85	60 02
(4) Pirie Memorial Fund 56 69		110 00	288 19	Dr.121 50
(5) J. A. Bruce Estate		812 50	459 04	353 46
(6) C. C. Green		30 00	30 00	
(7) Mrs. J. K. Bertram		27 50	27 50	
(8) Chas. E. Doolittle Estate ... 239 50		406 25	612 40	33 35
	\$550 77	\$2,498 12	\$2,581 98	\$ 466 91

DEPOSITS PAYABLE \$856.00.

Deposits received on Radio Head Phones and Keys make up this liability at the close of the year.

SPECIAL FUNDS \$905.52.

This amount corresponds with the similar amount included in the Assets and already dealt with.

CAPITAL \$764,342.81.

The above liabilities deducted from the total assets show this amount of Capital at September 30th, which is increased over last year by \$16,129.00, made up as follows:

Bequests—Estate of Samuel Epstein, \$333.34; Estate of Helen Barker, \$100.00; Estate of Miss E. H. Wilcox, \$500.00; Estate of Thos. H. Watson, \$665.21	\$ 1,598 55
Donations, Subscriptions and Members' Fees	15,633 92
Profit on Sale of Bonds	217 50
	<hr/>
	\$ 17,449 97
Less: Balance of Maintenance Account for year, \$946.19; Dispensary Cost, \$62.06; Farm Operating, \$312.72.....	1,320 97
	<hr/>
Net Increase.....	\$ 16,129 00

While Capital receipts make up a net increase of \$16,129.00, Capital Expenditure less the provision for depreciation, shows an increase of \$41,722.77, which accounts for a larger amount of current liabilities than last year, in addition to which there is a contingent liability of some \$16,000.00 on the New Pavilion in course of construction.

MAINTENANCE ACCOUNT

The Maintenance Account shows a continued increase in the growth of the work of the Association, all sources of Revenue being increased with the exception of the Military Hospitals Commission, which is decreased by \$17,583.30. The increase over last year in the total Income of \$12,513.21 shows that the reduction from Military Patients has been more than offset by increased Income from other sources of \$30,096.51.

While increased Income is shown, the expenditure is also increased to a larger extent, the result being that a net operating loss of \$946.19 is shown for the year, which, with the Dispensary cost of \$62.06 and Farm Operating loss of \$312.72, make up the deduction of \$1,320.97 from Capital Account.

While a year ago, although the balance was an addition to Capital, the large proportions to which the Association has extended, makes the results of such a small operating loss a very gratifying feature of the vast amount of work, which is now being carried out for the benefit of a very much extended community, as compared with former years.

In this connection the special Clinic Work shows Receipts of \$1,918.00, including \$1,124.00 from the Ladies' Board and payments of the same amount, including Travelling Expenses of \$411.00 and \$1,507.00 applied towards the salaries of Doctors who are carrying on this work at outside points, this latter amount partly reducing the salary costs in the Maintenance Account.

The various Special Funds and Accounts, not previously included in the general books or statements, have been carefully checked by us.

Yours truly,

RICHARDSON, SMITH, FERRIE & CO.,

Chartered Accountants.

Balance Sheet as at September 30th, 1926.

ASSETS.

Land, Buildings and Equipment as detailed in Report	\$878,295 11	
Less: Depreciation Reserve	187,324 16	
		\$690,970 95
Investments	38,602 50	
Accounts Receivable:		
Patients' Fees, Less Reserve	\$ 11,890 40	
Provincial Government	20,308 50	
City Corporation	17,845 20	
Military Hospitals Commission	5,730 00	
Sundry	558 27	
		56,332 37
Cash		298 86
Live Stock, Poultry, Stores, etc.		27,216 47
Accrued Interest		409 37
Insurance Unexpired		1,788 73
Special Funds—Bank of Montreal		905 52
		<hr/>
		\$816,524 77

LESS—LIABILITIES

Bank of Montreal, Current Account	\$ 26,816 48
Accounts Payable	23,137 05

ENDOWMENT FUNDS

Julia Doolittle	\$141 58	
Mrs. J. Lennard.....	60 02	
J. A. Bruce Estate	353 46	
Chas. E. Doolittle	33 35	
	<hr/>	
	\$588 41	
Less: Pirie Memorial, over-expended	121 50	
	<hr/>	
	\$	466 91
Deposits Payable		856 00
Special Funds		905 52
		<hr/>
		52,181 96
		<hr/>
Net Capital		\$764,342 81
Capital, September 30th, 1925	\$748,213 81	
Add: Increase in Capital as detailed in Report....	16,129 00	
	<hr/>	
As above	\$764,342 81	

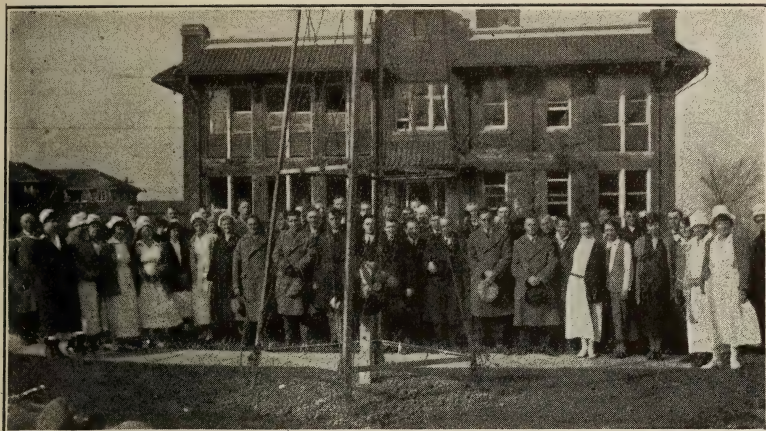
Maintenance Account, Year Ending September 30th, 1926

INCOME.

	This Year.	Last Year
Interest—Investments and Endowment Funds....\$	307 50	\$ 57 50
Patients' Fees	82,844 19	66,726 61
City Grants	70,995 43	67,167 25
Provincial Government	80,685 75	70,785 00
Military Hospitals Commission	41,158 50	58,741 80
	<hr/>	<hr/>
Total Maintenance Income	\$275,991 37	\$263,478 16

EXPENDITURE.

Wages and Salaries.....	\$100,288 85	98,136 99
Butcher Meat, Fish, etc.	27,454 92	22,145 55
Butter and Eggs	14,835 38	13,541 36
Flour, Bread, etc.	4,726 24	4,543 13
Groceries (including Canned Goods, Fruit, Vegetables, Fish, etc.)	12,700 35	12,495 87
Fresh Vegetables and Fruit	7,487 52	5,157 71
Milk	10,280 50	9,874 76



Armistice Day Ceremonies at the Flag Pole at the Brow.

Fuel	14,125 74	14,345 32
House Supplies	5,284 23	10,271 54
Ice	125 96	108 00
Laundry	8,257 15	9,448 99
Medical Supplies	5,883 12	5,970 05
Repairs	15,913 12	12,726 67
Water	2,298 00	2,189 28
Insurance	1,887 80	1,711 28
Power and Light	5,303 66	4,308 67
Printing, Stationery and General Ex.	6,051 38	5,643 42
Stable Expense	2,471 59	2,676 72
Auto Expense	2,970 08	2,300 76
Depreciation	28,591 97	24,378 36
	<hr/>	<hr/>
	\$276,937 56	\$261,974 43
	<hr/>	<hr/>
Balance deducted from Capital Account\$	946 19	\$ 1,503 73

Report of Canadian Business Women's Club of Hamilton

Mr. President, Ladies' and Gentlemen:

It is my pleasure to report on the work of the Canadian Business Women's Club at the Mountain Sanatorium for the year 1926.

During that year we paid the salaries of two teachers—one in shorthand and typewriting and one in vocational training. The salaries of these teachers are paid out of our "Happiness Fund," a fund raised by annual contributions from our members and set aside for "service" work. The salaries of the teachers in 1926 amounted to approximately \$630.00.

Our Vocational Teacher, Miss Lena Berry, is very dear to her pupils, and our Organization feels that we would find great difficulty in replacing her should the need arise. Miss Berry reports that during the first six months of 1926 the work at the Orchard "San" was carried on very much along the same lines as the three previous years. She attended classes two half days a week with about twenty-five patients to visit. In June it was found that so many were anxious to undertake the work, that it was impossible for Miss Berry to reach them all in the time allotted, so satisfactory arrangements were made and ever since that time Miss Berry has been teaching two full days weekly. She now visits over fifty patients. The leather work has been the most popular this year. A number of articles were made, such as underarm bags, book-covers, purses, bags, and also quite a number of hats. Over three hundred dollars was spent in leather. The patients were also interested in Italian Hemstitching, cut work, tinting cards, glove making, sewing, etc. Miss Berry reports that one very interesting feature in her work was that in the Fall, when Canon Daw held a Confirmation Service, several of the girls made their dresses for the ceremony. Miss McLean has permitted Miss Berry to share a room in which she can prepare her work.



A GROUP OF VISITORS AT THE SAN BIRTHDAY PARTY

Reading from left to right: T. W. Jutten, M. P. P., Dr. English, Mr. W. H. Lovering, Mr. Thos. Patterson, ————— Hon. John S. Martin, Mr. J. J. Evel and Sir John Gibson.

Miss Ford, our teacher in Shorthand and Typewriting, teaches two half-days each week. She reports that it is very difficult for the patients to continue their work long enough to become proficient, but those who do take it up show a very keen interest, and one girl who has been fortunate enough to continue the course throughout the year, is at present working in the office of the Sanatorium, running the switch board, and is quite capable of taking dictation and typing letters, reports, etc.

Both our teachers acknowledge with thanks the hearty co-operation of Miss McLean, Miss Cameron and Dr. Holbrook.

Two of our members visit the "San" each Saturday Afternoon throughout the year, distributing fruit, candies, magazines, etc. I think it is only right at this time to mention Miss Helena Curtiss, who has done a great deal more than her share of the visiting, and her genial and loving disposition has made

her very dear to the "San" girls—all of whom have found her a friend worth having.

While we know that the patients taking instruction under our teachers can never hope to make the progress those in good health could make, yet we feel it is giving them a broader outlook on life, and bringing to them the knowledge that they are not separated from the rest of the world by immeasurable bounds, but that others are keenly interested in their welfare, and are standing behind them in the great fight they are making for Health. And

If any little word of ours can make one life brighter,
If any little song of ours can make one heart the lighter;
God help us speak that little word, and take our bit of singing,
And drop it in some lonely vale, and set the echoes ringing.

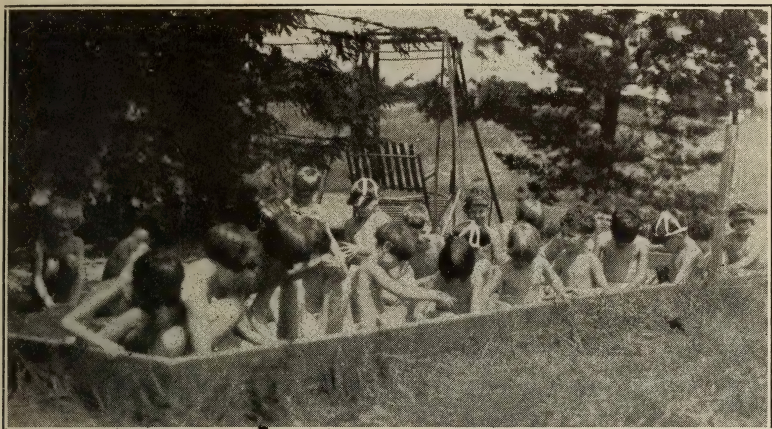
Dated January 18th, 1927.

MARY S. PHELAN,
President.

Activities of the Ladies' Aid of St. Paul's United Church, Dundas

A committee of ladies under the convenorship of Mrs. James Irvine of St. Paul's United Church, Dundas, has visited the Sanatorium once a month for the past year, distributing among the boys upwards of three dozen boxes, containing cookies, candy and fruit. Magazines were also given and during the festive seasons they were remembered with appropriate cards. I might say that Mrs. Irvine and the Society take great pleasure out of this work, due to the real appreciation shown by the patients.

THYRA FINLAYSON,
Secretary.



Children Taking Their Sun Bath in the Sand Pile at Preventorium

Explanation of Membership in the Hamilton Health Association

The Hamilton Health Association is the Citizens' organization which supports and operates the Mountain Sanatorium for the treatment of pulmonary tuberculosis, popularly known as "The San." The San owes its wonderful success and rapid development to the interest and generosity of the citizens of Hamilton. Probably there is not a single family in Hamilton whose members have not at some time contributed freely in aid of the San.

One of the most popular and practical ways of aiding this institution in its great work is to become a member of the Hamilton Health Association. In the following paragraphs we describe the different types of membership. Select that one best suited to your means, and determine that the San is an institution you can afford to support year after year. In mak-

ing application for membership or in renewing your membership, kindly address all correspondence and mail checks to the Secretary, the Mountain Sanatorium, Hamilton.

ASSOCIATE MEMBERSHIP

Annual fee \$5.00. An Associate Membership entitles you to all reports and admission to general meetings.

ACTIVE MEMBERSHIP

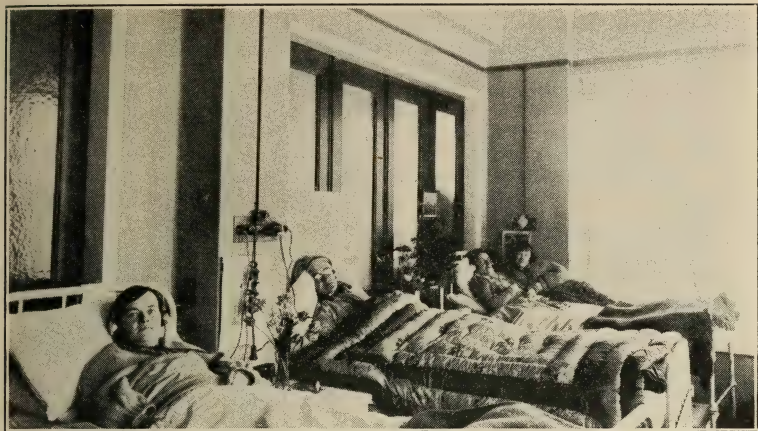
Annual fee \$10.00. Such a membership enables you to take an active and helpful part in the San's war against the "White Plague." Every Active Member is a voting member as well as receiving all reports, admission to general meetings, etc.

SUSTAINING MEMBERSHIP

Annual fee \$50.00. This offers the man and woman of means an opportunity to help the San in a substantial way. While the San receives aid from the City and Government, it still depends largely on voluntary subscriptions. Since its beginning in 1906, the San has received over \$200,000 in subscriptions, otherwise it could not have developed to its present proportions, and have carried on its work so effectively. Every "Sustaining Member" is a voting member, as well as receiving all reports, admission to general meetings, etc.

ANNUAL ENDOWMENT—BED.

\$548.00 endows a bed for a year. Most of the patients cannot afford to pay their way, and the City can only assist those who have lived in the city for the previous twelve months. Very often young men and women, virtually Hamilton citizens, but for whom the city may not hold itself responsible, apply for treatment. If treatment is delayed the chance of recovery in these cases may be lost, so the San cares for them free of charge. This presents an opportunity to well-to-do families or individuals, business houses, manufacturers, societies, clubs or fraternal organizations to give very real help to needy individuals.



Listening In on the Radio, Which Includes 300 Bedside Equipments.

List of Donations to New Infirmary

1926

- Magazines and Cards, General Mewburn.
- Subscriptions to Magazines, Miss Magee, Sunshine Club.
- Books, Mr. Deacon, 82 Kensington Ave. N.
- Magazines each month, Miss Edgar, 274 Bay St. S.
- Papers, Mrs. Wilcox.
- Books, Mr. Dingle.
- 12 Qts. Marmalade, and Books, Miss Jermyn, 134 Jackson St. W.
- Individual Baskets of Fruit, St. Cecilia Chapter, I. O. D. E.
- Magazines, Mrs. Walker, 63 Homewood Ave.
- Magazines, Mrs. Hendrie.
- Flowers, Lady Allenby.
- Magazines, Mr. and Mrs. C. V. Langs.
- Mazazines, Mr. Skelton.
- Canned Fruit, Women's Christian Temperance Union, Mrs. L. J. Ellis, 142 East Ave. N.
- Metal Head Rest, Centennial Club, Mrs Stevenson, 91 Balmoral Ave. N.
- Oranges, Hamilton Union, W. C. T. U

Magazines, Miss Land.
 Ice Cream, Rotary Club.
 Papers every Sunday, Mr. Firth.
 Books, Mr. Burbridge, Ancaster.
 Fresh Fruit and Flowers, Christ Church Cathedral.
 46 Jars Fruit and Jam, St. Peter's Sunday School.
 Plant, Mr. Child.
 Clothing, Mrs. Porter, 57 Stanley Ave.
 Baskets of Fruit for Each Patient, Thayondanegea Chapter, I.O.D.E.,
 Burlington.
 Cigarettes, Mr. Gordon Wilson.
 Underwear, Overcoat and Other Clothing, Anon., Beamsville.
 Balsam Pillow, Books, Candies, Smokes, Calendars, Remembrance
 Chapter, I. O. D. E., Brantford.
 Magazines, Mr. Jones, Picton Street East.
 Victrola Records, Mrs. Skelton.
 Victrola Records, Mrs. G. H. Craig.
 Old Country Papers Every Sunday, Mr. Heath.

CHRISTMAS DONATIONS, 1926.

Candies for Nurses, Col. Grafton.
 Wine, Mrs. S. Daw.
 Carry-on-League, Fruit to Soldier Patients.
 Parcels, Mrs. Southam.
 Pajamas, Caps, Dressing Gowns, Socks for Soldiers, Red Cross.
 Christmas Cake, R. B. Hill Co.
 Parcels, Ladies' Auxiliary Board.
 Records, etc., Mrs. Southam.
 Parcel for each Patient in New Infirmary, Never Weary Club.
 Flowers, Mrs. Ostler.
 Parcels, St. Andrew's Society.
 Smokes, Mrs. Hendrie.
 Jellies and Smokes, Catholic Women's League.
 Parcels, Remembrance Chapter, Brantford.
 Parcels, Dufferin Rifles Chapter, Brantford.
 Cigarettes, T. J. Mahony, M. P.
 Records, Mrs. Geo. Husband.
 Records and Cards, Mrs. A. C. Skelton.
 Candies, Technical School, Room 21.

ENTERTAINMENTS.

Artists from Howard Studio put on a program in wards on Thursday, December 23rd.

Concert in Main Dining Room on Thursday, December 19th, by Mr. Wiltshire and party.

Picture Shows by kindness of Mr. Stroud and Mrs. Woolcott.
Regular visits from Canon Daw and Rev. C. McQuesten and Father Simpson.

Weekly visits from Mrs. Ostler and Mrs. Skelton.

Livingston Silver Band—Christmas Day.

Regular visits from Paardeburg Chapter, Remembrance and Dufferin Rifles Chapters, Brantford; Ladies of United Church, Dundas.

Concert, Miss Cannon and Girl Guides of St. Mark's Church.

DONATIONS TO ORCHARD SANATORIUM

Mrs. C. E. Doolittle, bed jacket, socks, scarf, sweater, ice caps and Atomizer.

Ladies' Auxiliary Board, three electric bed warmers.

Woolworth Co., Victrola records.

J. R. Moodie & Sons, two dozen pair bed socks.

Standard Sanitary Mfg. Co., plumbing fixtures for new office.

Mrs. M. H. Nelson, sleeping caps.

Miss Maude Carter, fur coat.

Hamilton Cotton Co., roll of cotton waste.

Mrs. Russell, Victrola records.

Harry D. Johnson, Victrola records.

Mrs. Light, Victrola.

G. N. Sones & Son, bulbs.

George T. Sones, bulbs.

Mrs. Moodie, cut flowers.

Marshall Bros., bulbs.

Chas. Rymal, motor for moving picture machine.

Miss A. S. Hendry, pictures.

Col. J. J. Grafton, Packard car.

South Wentworth Women's Institute, 34 jars fruit and pickles, apples and magazines.

Henry Vernon and Son, City Directory.

Mrs. A. M. Cunningham, 47 pints canned fruit.

C. A. Peace, air cushion.

Miss Ethel Ambrose, pears.

St. Thomas Church, fresh fruit.

Hamilton Fire Department, team of horses, wagon and harness.

McNab St. Presbyterian Church, fruit and flowers.

Mrs. Porter, Radio head-set.

Winona Women's Institute, 29 baskets fruit, 10 jars canned fruit.

Mrs. William Southam, piano.

Mrs. G. M. Echlin, 38 jars fruit.

Mrs. Thos. Patterson, piano.

Mrs. Harry Cohen, clothing.

Vinemount Women's Institute, 60 jars fruit.

Adelaide Hoodless Institute, 17 quarts fruit.
Mrs. Morgan, Victrola records.
Kirkwall & Valens, Women's Institute, 21 jars fruit.
Mrs. Wm. Frazer, 10 pair socks.
The late Miss Wilsox, books.
Malcolm Crerar Chapter, I. O. D. E., regular visits and treats for patients.
St. Cecilia Chapter, I. O. D. E., regular visits and treats for patients.
Dr. F. Hansel, 15 vol. Dickens.

DONATIONS TO PREVENTORIUM

D. E. Klump, paper dolls.
Mrs. Moodie, books and games.
Mrs. Wyatt, oranges.
Kiwanis Club, scribblers, pencils, oranges, apples and candy.
F. Lawrie, Delta Tabernacle, chocolates.
Mrs. Battams, cake and sandwiches.
Mizpeh Chapter, Easter baskets.
Mrs. Burkholder, ice cream.
St. Elizabeth Chapter, ice cream.
N. Slater Co., two work benches.
Mrs. Cartwright, books, toys and magazines.
Lions Club, drive for children.
Sons of Jacob, Toronto, 4 dozen chocolate bars.
Kiwanis Club, drive for children.
Miss Rutherford, doll's clothing.

CHRISTMAS DONATIONS

Women's Catholic League, jam and tobacco for all patients.
Sterling Rubber Co., balloons.
Mr. George Lynch-Staunton, 4 pairs pajamas.
Central Presbyterian children, scrap books.
Mr. Tyson, 30 lb. pail of candy.
Patricia Branch, Jerseyville and Summit Women's Institute, 15 jars jelly.
Mr. Ellenzweig, barrel of grapes.
Balfour, Smye & Co., 25 lbs. nuts.
Hamilton Council, Knights of Columbus, 1 box apples, 2 cases oranges.
R. K. Hope, 2 boxes oranges.
Wentworth Motors, crayons.
Sam Krick, rubber balls.
East Hamilton Presbyterian Junior Christian Endeavor Society, scrap books.

Young Girls' Class of Church of Christ, Beamsville, toys.

Apple Blossom League, toys.

"Health and Happiness Club," Junior Red Cross, Normal School, oranges.

"Germ Chasers," Junior Red Cross, Normal School, oranges.

"The Helpers," Junior Red Cross, Normal School, oranges.

Centenary United Church, boxes for patients.

St. Andrews' Society, boxes for patients.

BOOKS AND MAGAZINES

Mrs. Dalley.

Miss Walker.

Miss Howell.

Mrs. Stout.

Mrs. Hannaford.

Mrs. Johnston.

Mrs. Geo. Matthews.

Mrs. Wilson.

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Miss Moore.

Mrs. Yeo.

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Mrs. Cohen.

Mrs. Hayton.

Miss Jermyn.

Mrs. Jenkins.

Mrs. McKenzie.

Mrs. Olmsted.

Mrs. Lester Husband.

Miss Gibson.

CHRISTMAS CASH DONATIONS

H. H. Champ	\$ 5 00
Dundurn Lodge, A. F. and A. M.	10 00
Edith H. Olmsted	5 00
Juliet C. Doolittle	25 00
Percy Ward	10 00
Mrs. Alice B. Malloch	20 00
Ryerson United Church S. S.	5 00
Mary Townsend	25 00
Rotary Club	100 00
Philpott Tabernacle S. S.	9 83
W. H. Cooper	25 00
Catharine Leggat	25 00
Brown, Boggs, Limited	25 00
Post 60, Canadian Legion, British Empire Service League, Burlington	2 50
Doric Lodge, A. F. & A. M.	20 00
Mrs. W. A. Holton	25 00
Hamilton Trades & Labor Council	10 00
Junior Red Cross, Central School	3 00
K. A. Mapp	20 00
Mrs. Sophie Spackman, Buffalo	25 00
Hamilton Retail Grocers Association	10 00
G. W. Robinson Co.	50 00

CASH DONATIONS

Lodge of Strict Observance	\$ 225 00
Charlton Ave. S. S.	50 00
Percy Ward	10 00
Mr. Wilcox	25 00
Ambitious Chapter, O. E. S., No. 40	30 00
Mrs. Mary Hobson	240 00
Ambitious Chapter, O. E. S., No. 40	20 00
Kiwanis Camp church collections.....	9 00
Ambitious Chapter, O. E. S., No. 40	20 00
Hamilton Medical Orchestra	50 00
Ambitious Chapter, O. E. S., No. 40	20 00
School Section No. 1, Humberstone	15 00
Regimental Fund, Canadian Mounted Rifles	208 00
St. Phillip's Church	3 25
Kiwanis Club	500 00
St. John's Lodge, No. 40, A. F. & A. M.	50 00
Wardrobe Lodge, No. 555, A. F. & A. M.	25 00
Port Nelson S. S.	20 00

Samuel Mitchell	1 00
D. McKeon	25 00
Council of Jewish Women	20 00
Hindoo Koosh Grotto	300 00
Bertha E. Cox	5 00
Norton Co. of Canada	25 00
District Council, A. O. F.	10 00
Centennial Club	10 00
Employing Printers and Allied Trades	25 00
The Eiks	500 00
Lillian Johnston	5 00
Bethune & Jaques	100 00
John Fenderson & Co., Inc., Saybee, Que.	10 00
W. F. Ambrose	25 00
Scottish Rite Bodies	50 00
Woman's Auxiliary Board	450 00
Electric Lodge, No. 495, A. F. & A. M.	25 00
Tuscan Lodge, A. F. & A. M.	20 00
George E. Nicholson	5 00
Acacia Lodge, No. 61, A. F. & A. M.	20 00
Mizpeh Chapter, No. 56, O. E. S.	150 00
Anonymous	10 00

BEQUESTS

Estate, Mrs. Helen Barker	\$ 100 00
Estate, Mrs. Eliza H. Wilcox	500 00
Estate, John D. Wheelihan	500 00
Estate, Thomas Henry Watson	665 21

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SUMMARY OF PAPER ON HILUM TUBERCULOSIS

By Randall Clifford, M.D., in September 16, 1926, Issue,
Boston Medical and Surgical Journal.

(1) The diagnosis of hilum tuberculosis is difficult and should be made guardedly.

(2) Frequent examinations and observations of the child over long periods of time are often necessary before a definite diagnosis can be made.

(3) Before making a diagnosis, the following conditions must be present:

(a) **A definite history of exposure.**

(b) **A positive tuberculin test.**

(c) **Definite constitutional signs and symptoms, denoting tuberculous toxemia, the most important of these being fatigue, malnutrition, underweight, lassitude and nervous irritability.**

(d) **Evidence by X-ray of enlarged hilum glands.**

(e) **Physical signs indicating enlargement of the bronchial glands.**

The most important of these, in my opinion, are the constitutional signs and symptoms.

(4) If the evidence warrants a definite diagnosis, do not hesitate to place the child immediately under treatment. If the evidence does not warrant a definite diagnosis, but there are sufficient facts to make one suspicious, keep the child under very strict observation.

“Remember the San”

I give and bequeath to “The Hamilton Health Association,” incorporated, of Hamilton, in the Province of Ontario, incorporated under the laws of the said Province of Ontario, on the 30th day of December, 1905, the sum

of

.....
dollars: to have and possess the same unto the said “Hamilton Health Association,” for Anti-Tuberculosis work, its successors and assigns to the uses, disposition and benefit thereof forever.

**Why not tear out this page and hand it to your lawyer,
with instructions to embody it in your will?**



A view of the Sunken
Garden at the Brow.

